#### **CURRICULUM VITAE**

4/1/19

Name: Robert H. Lustig, M.D., M.S.L.

Social Security: available on request

Date of Birth: available on request

Place of Birth: Brooklyn, NY

Marital Status: Married Julie K. Plumb, March 25, 1995

Two children (born October 4, 1999; December 5, 2005)

Home Address: 70 Mendosa Avenue

San Francisco, CA 94116-1942

415-504-7799

Business Address: Division of Pediatric Endocrinology, Box 0434

University of California, San Francisco

550 16<sup>th</sup> Street, 4<sup>th</sup> Floor San Francisco, CA 94143-0434

Ph: 415-502-8672 FAX: 415-476-8214

e-mail: robert.lustig@ucsf.edu

**EDUCATION:** 

1970-1973 Stuyvesant High School

New York, NY

1973-1976 Massachusetts Institute of Technology

Cambridge, MA

S.B. Life Sciences, 1976

1976-1980 Cornell University Medical College

New York, NY M.D., 1980

2012-2013 University of California Hastings College of the Law

San Francisco, CA

M.S.L. (Master of Studies in Law), 2013

**POSTGRADUATE TRAINING:** 

1980-1981 Internship in Pediatrics

St. Louis Children's Hospital (Washington University)

St. Louis, MO

1981-1983 Residency in Pediatrics

St. Louis Children's Hospital (Washington University)

St. Louis, MO

1983-1984 Clinical Fellowship in Pediatric Endocrinology

University of California, San Francisco, CA

1984-1986 Post-Doctoral Fellowship in Neuroendocrinology

The Rockefeller University, New York, NY

## **PROFESSIONAL APPOINTMENTS:**

1984-1990	Clinical Affiliate in Pediatrics The New York Hospital, New York, NY
1984-1990	Adjunct Assistant Professor of Pediatrics Cornell University Medical College, New York, NY
1984-1990	Associate Physician The Rockefeller University, New York, NY
1986-1990	Research Associate Laboratory of Biochemical Endocrinology Laboratory of Neurobiology and Behavior The Rockefeller University, New York, NY
1990-1995	Assistant Professor of Pediatrics Division of Endocrinology and Diabetes University of Wisconsin Hospital, Madison, WI
1990-1995	Member, Neuroscience Training Program University of Wisconsin, Madison, WI
1990-1995	Member, Endocrinology-Reproductive Physiology Program University of Wisconsin, Madison, WI
1990-1995	Affiliate Scientist Wisconsin Regional Primate Center, Madison, WI
1991-1995	Member, Comprehensive Cancer Center University of Wisconsin, Madison, WI
1995-2001	Associate Professor of Pediatrics (tenure awarded, 1999) Division of Endocrinology and Metabolism University of Tennessee, Memphis, TN
1995-2001	Associate Professor of Anatomy and Neurobiology University of Tennessee, Memphis, TN
1995-2001	Member, Center for Neuroscience University of Tennessee, Memphis, TN
1999-2001	Adjunct Clinical Faculty St. Jude Children's Research Hospital, Memphis, TN
1999-2001	Assistant Director, Clinical Research Center (GCRC) University of Tennessee, Memphis, TN
2001-2017	Professor of Pediatrics (Step 6 as of July 1, 2016) Division of Endocrinology University of California San Francisco, San Francisco, CA
2001-present	Member, Diabetes Center University of California San Francisco, San Francisco, CA

#### PROFESSIONAL APPOINTMENTS (cont.):

2002-present Member, Center for the Neurobiology of Digestive Disease

UCSF, San Francisco, CA

2003-present Director, Weight Assessment for Teen and Child Health

(WATCH) Program, UCSF, San Francisco, CA

2004-present Member and Executive Committee (Clinical Services),

Center for Obesity Assessment, Study, and Treatment

(COAST), UCSF, San Francisco, CA

2012-present Member, Institute for Health Policy Studies (IHPS),

UCSF, San Francisco, CA

2014-present Adjunct Faculty, UC Hastings College of the Law, San

Francisco, CA

2017-present Emeritus Professor of Pediatrics, Division of Endocrinology

UCSF (step 6), San Francisco, CA

2017-present Adjunct Professor of Research, Touro University, Vallejo, CA

**CERTIFICATIONS:** 

1984 Certification in General Pediatrics

American Board of Pediatrics

1986 Certification in Pediatric Endocrinology

American Board of Pediatrics

2010 Maintenance of Certification (MOC) exam passed

LICENSURE:

State of New York 157924 (inactive)
State of Tennessee MD 26372 (inactive)
State of Wisconsin 31064 (inactive)

State of California G49990 (expires 5/31/19)

**SOCIETY MEMBERSHIPS:** 

1987-present Member, The Endocrine Society

1988-present Member, Society for Neuroscience

1988-present Member, Pediatric Endocrine Society (formerly LWPES)

1995-present Member, Society for Pediatric Research

1996-present Member, Society for Behavioral Neuroendocrinology

2003-present Fellow, The Obesity Society (formerly NAASO)

2009-present Member, American Pediatric Society

2017-present Honorary Member, American Association of Dental Research

## **SERVICE:**

1989, 1990, 1995, 1996	Member, Ad Hoc Scientific Review Committee, NICHD
1991-1993	Admissions Committee, Endocrinology-Reproductive Physiology Program, University of Wisconsin
1991-1995	Training Committee, Neuroscience Training Program University of Wisconsin
1992-1995	Editorial Review Board, <i>Steroids</i>
1993	Ad hoc reviewer, American Institute of Biological Sciences U.S. Army Breast Cancer Research Program
1993-1995	Member, Educational Policy Council University of Wisconsin School of Medicine
1993-1995	Member, Quality Assurance Committee Department of Pediatrics, University of Wisconsin
1993-1995	Coordinator, Endocrine Pathophysiology Curriculum Review, University of Wisconsin School of Medicine
1995-1998	Member, Institutional Review Board University of Tennessee, Memphis College of Medicine
1995-1998, 2000-2001	Member, LeBonheur Research Committee LeBonheur Children's Medical Center
1996-2001	Member, Cancer Prevention and Control Program St. Jude Children's Research Hospital
2000	Member, Sandostatin® Obesity Advisory Board Novartis Pharmaceuticals Corporation
2000	Symposium Chairman, Child Health Forum on Childhood Obesity, Memphis Crippled Children's Foundation
2000	Vice-Chair, Octreotide Study, Children's Oncology Group
2000	Advisory Committee, Preventative Pediatrics LeBonheur Children's Medical Center
2000	Member, Site Visit Defense Team (featured presenter) University of Tennessee Clinical Research Center
2001	Oral Session Co-Chair, Adipose Tissue/Obesity 6th LWPES/ESPE Meeting, Montreal, PQ, Canada
2001	Member, Small Molecule <i>Ad hoc</i> Advisory Board, Neurocrine Biosciences, Inc.
2001-2006	Review Editor, International Growth Monitor

	Robert H. Lustig, M.D., M.S.L.		
SERVICE (cont.):			
2002	Abstract Reviewer, Endocrine Section, Society for Pediatric Research		
2002-2006	Director, Pediatric Endocrine Outpatient Services, UCSF		
2002	Workshop Co-Chair, Type 2 Diabetes in Children, Novo-Nordisk Symposium on Growth Hormone and Endocrinology, Budapest, Hungary		
2002	Member, ACNS0121 Study Committee, Children's Oncology Group		
2002	Member, ACNS0122 Study Committee, Children's Oncology Group		
2002-present	Member, UCSF Endocrine Grand Rounds Organizing Committee		
2002	Member, Diabetes Portfolio Review Board Supergen, Inc.		
2002-2004	Member, UCSF Committee on Research		
2003	Member, Endocrine/Oncology <i>Ad hoc</i> Advisory Board, Novartis Pharmaceuticals Corporation		
2004, 2006, 2008, 20	Program Committee, Childhood Obesity Conference, State of California/U.C. Berkeley/California State University		
2004	Program Chair and Speaker, CME Symposium, Childhood Obesity, The Endocrine Society, New Orleans, LA		
2005	Program Co-Chair, CME Symposium, Adult and Childhood Obesity 2005, Symposia Medicus, San Francisco, CA		
2005-2008	Member, Pediatric Obesity Practice Guidelines Subcommittee, The Endocrine Society		
2005	Site Visitor, Childhood Obesity HRSA Grant East Carolina University, Greenville, NC		
2005-present	Consultant, Pediatric Advisory Committee Gastroenterology and Urology Devices Center for Devices and Radiological Health (CDRH) Food and Drug Administration (FDA)		

Workshop/Mini-Course Co-Chair, "The Skinny on the Adipocyte", PAS meeting, San Francisco, CA

Poster Symposium Moderator, "Obesity 1", PAS meeting, San Francisco, CA  $\,$ 2006

2006

	Robert H. Lustig, M.D., M.S.L.		
SERVICE (cont.):			
2007-2010	Endocrinology and Obesity Representative, Program Committee, Pediatric Academic Societies		
2007	Moderator and participant, working group: Future research directions in the prevention and treatment of childhood obesity, National Heart, Lung, and Blood Institute, Bethesda, MD		
2008	Site visitor, Developmental Endocrinology and Genetics Branch (PDEGEN), National Institute of Child Health and Human Development, Bethesda, MD		
2008-present	Endocrinologist, UCSF Sturge-Weber Center of Excellence		
2008	Oral Session Co-Chair, New Assessment and Treatment Strategies for the Obese Patient, The Endocrine Society, San Francisco, CA		
2008	Oral Session Co-Chair, Pediatric Type 2 diabetes mellitus - an emerging epidemic, 9 <sup>th</sup> International Congress of Endocrinology, Rio de Janeiro, Brazil		
2009	Program Chairman, Spring Pediatric Conference 2009, Symposia Medicus, Barbados, Neth. Antilles		
2009	Oral Session Co-Chair, Mechanisms of reward, stress, and obesity, Pediatric Academic Societies, Baltimore, MD		
2009	Abstract Reviewer, Pediatric Obesity Section, American Diabetes Association, New Orleans, LA		
2009	Abstract Reviewer, Pediatric Endocrinology Section, Endocrine Society, Washington, DC		
2009	Program Chairman, Summer Pediatric Conference 2009, Symposia Medicus, Bozeman, MT		
2009-2010	Program Committee, Childhood Obesity 2010, San Francisco Childhood Obesity Task Force, SF Dept. of Public Health		
2009-2010	Item Writer, Obesity Medicine Physician Certification Exam, The Obesity Society		
2010	Abstract Reviewer, Pediatric Endocrinology Section,		

2010-2015

2010

Endocrine Society, San Diego, CA

Editorial Board, European Journal of Clinical Investigation

Abstract Reviewer, Integrative Physiology Track, European Congress of Obesity, Istanbul, Turkey

# SERVICE (cont.):

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20	010-present	Board of Directors, Bay Area Chapter, American Heart Association
20	010-2011	Member, Healthy Flavors Healthy Kids Steering Committee, Culinary Institute of America
20	011	Abstract Reviewer, Pediatric Endocrinology Section, Endocrine Society, Boston, MA
20	011	Plenary Session Chair, A calorie is a calorie — or is it? Childhood Obesity Conference, San Diego, CA
20	011-present	Obesity Working Group, Biomarkers Consortium, Foundation of the NIH
20	011	Judge, Rethink the Food Label, UC Berkeley/ News21, Berkeley, CA
20	012	Item Writer, Pediatric Obesity Treatment Section, Certification Exam, American Board of Obesity Medicine
20	012	Lecturer, Webinar, Medscape Education Diabetes & Endocrinology CME/CE "Sickeningly Sweet: Sugar Consumption and Public Health" http://www.medscape.org/viewarticle/771281
20	012	Lecturer, Webinar, Endocrine Society Media Event "Sickeningly Sweet"
20	013	Lecturer, Webinar, Institute for Agriculture and Trade Policy "Sickeningly Sweet" www.healthyfoodaction.org/?q=node&page=2
20	013	Lecturer, American Medical Student Association Webinar "Is sugar addictive and hazardous to your health?"
20	013	Lecturer, Healthy Food Action — Healthy Food, Healthy Farms Webinar <i>"Fructose, Fairness and the Public Health Calamity"</i>
20	013	Invited Speaker, Practical Pediatrics CME Conference, American Academy of Pediatrics, Washington, D.C. "The sugar pandemic" "Type 2 diabetes in children" "Treatment of childhood obesity: lifestyle, drugs, surgery" "Endocrine aspects of pediatric cancer survival"
20	015-2017	Member, UCSF Wellness Committee

# SERVICE (cont.):

2016

Internet Discussion Leader, "Could sugar be the cause of type 2 diabetes?" International Diabetes Federation, Nov 23—Dec 5, 2016

## POLICY:

2004-2009	Chairman, <i>Ad hoc</i> Obesity Task Force, Lawson Wilkins Pediatric Endocrine Society
2005-present	Member, Obesity Task Force The Hormone Foundation of The Endocrine Society
2006-2008	Member, AHOY (Atherosclerosis, Hypertension, and Obesity in Youth) Writing Committee, American Heart Association
2006-present	Steering Committee, International Endocrine Alliance to Combat Obesity
2008	U.S. Congressional Outreach, meetings with Committee on Nutrition, USDA, and Office of Disease Prevention and Health Promotion, HHS
2010	Participant and Workshop Leader, Added Sugars Conference, American Heart Association, Washington, D.C.
2010	Invited Speaker, Georgetown Public Policy Institute, Washington, D.C. "Personal responsibility and childhood obesity—a non-sequitur?"
2010-2013	Member, Public Policy Council, Pediatric Endocrine Society
2011	Speaker, Santa Cruz County Office of Education, Santa Cruz, CA "How to stop the obesity epidemic in Santa Cruz County"
2011	Participant, Public Forum (with Michael Pollan and Dr. Andrew Weil), 8 <sup>th</sup> Nutrition and Health Conference, University of Arizona Integrative Medicine, San Francisco, CA
2011	Speaker and Panelist, Pan-American Summit on Prevention and Control of Obesity and Related Chronic Diseases, Sponsored by the Chilean National Congress, Valparaiso, Chile "Is sugar addictive and hazardous to your health?"
2011	Keynote Speaker, TEDx Food Policy Forum, Harvard Food Law Society, Harvard Law School, Cambridge, MA "The sugar epidemic: policy vs. politics"
2011	Invited Speaker, Childhood Nutrition Symposium, Barilla Center for Food and Nutrition, Milan, Italy "What is metabolic syndrome, and why do children get it?"
2011	Speaker, Bay Area Food Stamp Nutrition Education Program, Burlingame, CA "The sugar epidemic: rationale for policy intervention"

POLICY (cont.):	
2012	Invited Speaker, Rudd Center for Food Policy and Obesity, Yale University, New Haven, CT "The sugar epidemic: policy vs. politics"
2012	Speaker, International Conference on Nutrition, Overweight and Obesity: Analysis of the Scientific Evidence and Public Policies", Ministry of Health, Lima, Peru "Is sugar addictive and hazardous to your health?"
2012	Invited Speaker, State of California Dept. of Public Health "Interventions to reduce sugar consumption"
2012	Invited Speaker, National Health Journalism Fellowship, Annenberg School of Journalism, University of Southern California, Los Angeles, CA "Sickeningly sweet"
2012	Speaker, Webinar for Journalists, Endocrine Society "What is metabolic syndrome, and why are children getting it?"
2013	Debate, Health Evolution Partners 4 <sup>th</sup> Leadership Summit, Dana Point, CA (with James Skinner, former President of McDonald's, and Jane Brody, Health Editor, New York Times) "Making food the business of health care"
2013	Debate, Council of Insurance Agents and Brokers, Colorado Springs, CO (with Susan Neely, President of the American Beverage Association, and John Mackey, President of Whole Foods)  "The role of diet in chronic disease"
2013	Debate, Society for Nutrition, Education, and Behavior, Portland, OR (with James Rippe, M.D., Corn Refiners Association)  "Fructose, sucrose, and HFCS: modern scientific understandings"
2013	Invited Speaker, Health Law and Policy Seminar, UC Hastings College of the Law, San Francisco, CA (televised on C-SPAN) "The sugar pandemic: policy, politics, and law" <a href="http://www.c-span.org/video/?314740-1/sugar-policy-health-care-law">http://www.c-span.org/video/?314740-1/sugar-policy-health-care-law</a>
2013	Debate, Capitol World Investors Group, Ranchos Palos Verdes Estates, CA (with Walter Robb, Co-CEO of Whole Foods, and Hank Cardello, President of Hudson Institute) "The obesity epidemic: challenges and opportunities for the consumer industry"
2013	Food Action Council, British Medical Journal
2013	Consultant, Heart and Stroke Foundation, Ottawa, Canada

POLICY (cont.):	
2014	Invited Speaker, Nutrition, Physical Activity, and the Future of Children's Health; Symposium on Children's Health, Mental Health, and the Law, UCSF-UC Hastings Consortium on Law, Science and Health Policy "Personal responsibility vs. the obese toddler"
2014	Invited Discussant, All-Party Parliamentary Group for a Fit and Healthy Childhood, Parliament, London, UK "The three myths that prevent action on obesity"
2014	Invited Discussant, International Social Security Administration of the Americas, Baltimore, MD "Diet and prevention of non-communicable disease"
2014	Invited Discussant, Soda Tax Panel, Soda the Series, Berkeley, CA "Sugar: the newest and bitterest truth"
2014	Invited Discussant, San Francisco's Prop E: Pros and Cons of the Soda Tax, Commonwealth Club, San Francisco, CA
2014	Invited Discussant, Ministry of the Treasury, Mexico City, Mexico "Monitoring and modeling the effects of the Mexico soda tax"
2015	Testimony, Standing Senate Committee on Social Affairs, Science and Technology, Ottawa, Ont., Canada "Sugar: The newest and bitterest truth"
2015	Invited Speaker, International Federation of Employee Benefits Plans, Victoria, B.C., Canada "The three myths of the food industry"
2015	Invited Speaker and Panelist, Social Policy Lab: A Systemic Approach, Inter-Americas Conference on Social Security), MIT, Cambridge, MA "Processed food: an experiment that failed"
2015	Invited Speaker and Panelist, EAT Forum, Stockholm, Sweden "Processed food: an experiment that failed"
2015	Invited Speaker, Colorado Health Foundation, Keystone, CO "A call to action: diet, disease, and dollars"

POLICY (cont.):	
2015	Invited Speaker and Panelist, Digital Science, London, UK "Processed food: an experiment that failed" "Leveraging science versus the food industry"
2015	Keynote Speaker, RobecoSAM Annual Investment Meeting, Zurich, Switzerland "Processed food: changing the business model"
2015	Invited Speaker and Panelist, U.SMexico Binational Week, Oakland, CA "Chronic disease: diabetes and obesity"
2015	Invited Speaker, Yale Food Systems Forum, New Haven, CT (video) "Processed food: an experiment that failed"
2016	Invited Speaker and Consultant, University of Malta and Government of Malta, Valetta, Malta "What is metabolic syndrome and why are children getting it?"  "Processed food: an experiment that failed"
2016	Panelist, Credit Suisse Asian Investors' Conference, Hong Kong, China "Eating dangerously – why should you be worried about consuming fat and sugar? Can we live longer and better?"
2016	Invited Speaker, CLSA Webinar "Processed food: changing the business model"
2016	Invited Speaker, USDA San Francisco Affiliate "The science behind the sugar tax"
2017	Invited Consultant, US Armed Forces
2018	Invited Speaker, Round Table on Digitalization, European Central Bank, Frankfurt, Germany "The impact of digitalization on society and welfare (beyond GDP)"
2018	Invited Speaker, Barilla Center for Food and Nutrition, (U.N. Satellite), New York, NY "NCD's and the global food supply"
2018	Invited Panelist, Metabolic Syndrome and Mental Health, Commonwealth Club, San Francisco, CA
2019	Invited Panelist, 4 <sup>th</sup> Food Law Conference, Resnick Center for Food Policy and Obesity, UCLA, Los Angeles, CA "Healthy is alive and well: the battle over healthy in the courts"

## PRINT, RADIO, AND VISUAL MEDIA APPEARANCES 2006-2017:

Listed at: http://robertlustig.com/media

## ADVOCACY:

2002-present	Member, Steering Committee, Center for Weight and Health, University of California, Berkeley
2004-present	Advisor on Childhood Obesity, Common Sense Media
2006-present	Member, San Francisco Dept. of Public Health Child Health and Disability Prevention Program Childhood Obesity Task Force
2006-2009	Consultant on Childhood Obesity, San Francisco City Attorney's Office
2007	Invited Speaker, Oak Park Unified School District (Health and Wellness Program), Oak Park, CA "The trouble with fructose"
2008	Invited Speaker, Walnut Creek Unified School District (Health and Wellness Program), and Sutter Health Contra Costa County, Walnut Creek, CA "The trouble with fructose"
2008	Co-author (with F.R. Kaufman and R. Vigersky), The Hormone Foundation's Patient Guide to the Prevention and Management of Pediatric Obesity, J Clin Endocrinol Metab, Dec. 2008
2009	Invited Speaker, Endocrine Society Annual Science Writers Conference, New York, NY "Obesity and the 'toxic' environment" "Childhood obesity: fat for life?"
2009	Author, article on series on obesity, Education.com "Food processing and obesity"
2010-2012	Consultant, The Martinez Project, Martinez, CA
2010	Speaker, Firefighter Seminar on Health and Wellness Gateway Technical College, Milwaukee, WI "Sugar — the bitter truth"
2010	Participant, Non-nutritive sweeteners and public health, sponsored by Cargill Corp., Chicago, IL
2010	Speaker, California Food and Wine Association, Napa, CA "Sugar — the bitter truth"
2010	Speaker, Unusual Thinkers Track, Salesforce.com Dreamforce 8 <sup>th</sup> Annual Meeting, San Francisco, CA "Sugar — the bitter truth"

	Robert H. Lustig, M.D., M.S.L.
ADVOCACY (cont.):	
2011	Speaker, Salon Series, San Francisco, CA "Sugar — the bitter truth"
2011	Speaker, Kiwanis Club, San Francisco, CA "Personal responsibility in obesity: a non-sequitur?"
2011	Speaker, Rossmoor Wellness Center, Walnut Creek, CA "The fructose epidemic"
2011	Participant, Global health, well-being, and sustainability discussion, sponsored by The Coca-Cola Company, New Haven, CT
2011	Speaker, Walnut Creek Wellness City Challenge, Come to the table: Change the food, change the future. Concord, CA "Personal responsibility in obesity: a non-sequitur?"
2011	Speaker, MIT Club of Northern California, San Francisco, CA "Diet, disease, and dollars"
2011	Judge, UC Berkeley/News21 "Rethink the Food Label" Contest, Berkeley, CA
2011	Speaker, Health@Google, Mountain View, CA "Sugar — the bitter truth"
2011	Speaker, SaLawn Series, The Curious Company, Los Altos Hills, CA "Is sugar toxic?"
2011	Perspective, Endocrine Today "Endocrine disrupting chemicals in pediatrics"
2011	Speaker, Jewish Community Center Life Science series, San Francisco, CA "Sugar — the bitter truth"
2011	Speaker, Café Scientifique, Stanford, CA "Darwin, diet, disease, and dollars"
2012	Panelist, The Commonwealth Club, San Francisco, CA "Food addiction"
2012	International Women's Forum Northern California "Darwin, diet, disease, and dollars"
2013	World Gym, SF " <i>Healthy, wealthy, and wise?"</i>

2013

The Commonwealth Club "Healthy, wealthy, and wise?"

ADVOCACY (cont):	
2013	Invited Speaker, TIGER 21 Annual Investment Meeting "Healthy, wealthy, and wise?"
2013	Invited Speaker, Marin Country Day School, Corte Madera, CA "Healthy, wealthy, and wise?"
2013	CPS Lectures, Inc., San Francisco, CA "Fat Chance"
2013	Endocrine Today Debate "Is high-fructose corn syrup (HFCS) to blame for the obesity/diabetes epidemic?"
2013	Invited Speaker, San Francisco Public Library, San Francisco, CA "Fat Chance"
2013	Queen of the Valley Medical Center, Napa, CA "Healthy, wealthy, and wise?"
2013	Invited Speaker, One Medical Group, San Francisco, CA "Fat Chance"
2013	Invited Speaker, MIT Club of Northern California, Palo Alto, CA "Healthy, wealthy, and wise?"
2013	Interview, Aspen Ideas Festival, Aspen, CO with Corby Kummer, Food Critic, <i>The Atlantic</i>
2013	Invited Speaker, Cornell Alumni of Northern California, San Francisco, CA "Healthy, wealthy, and wise?"
2013	Keynote Speaker, Anytime Fitness, Amelia Island, FL "Healthy, wealthy, and wise?"
2013	TEDx Bermuda 2013, Southampton, Bermuda "Sugar—the elephant in the kitchen" http://www.youtube.com/watch?v=gmC4Rm5cpOl
2013	Low-Carb Symposium, Forlaget Lille Måne, Oslo, Norway "Fat chance"
2014	Invited Speaker, Speak To Me, Mill Valley, CA "Fat chance"
2014	Keynote Speaker, Slow Food Childhood Obesity Symposium, San Francisco, CA "Sugar: the newest the bitterest truth"

ADVOCACY (cont):	
2014	Community Seminar with Scott Weiner and Malia Cohen, San Francisco Supervisors, San Francisco, CA "The San Francisco soda tax"
2014	Speaker, Union of Concerned Scientists, San Francisco, CA "Health policy and dietary advocacy"
2014	Panelist, FoodNavigator.com Forum Webinar (with Gordon MacGregor, John Sievenpiper, and Luc Tappy) "The sugar debate"
2014	Educator, TED-Ed Animation "Sugar: hiding in plain sight" http://ed.ted.com/lessons/sugar-hiding-in-plain-sight-robert-lustig
2014	Invited Speaker, Fruitful Minds, Berkeley, CA "Sugar: the newest the bitterest truth"
2014	Invited Speaker, Ascend Capital, Orinda, CA "Sugar: from molecule to pandemic to opportunity"
2014	Invited Speaker, Science, Democracy and A Healthy Food Policy, Union of Concerned Scientists, Minneapolis, MN "Debunking the three myths of obesity"
2014	Invited Speaker, CIGNA Corporation, Chicago, IL "The new lines of engagement"
2014	Invited Speaker, Commonwealth Club, San Francisco, CA "Corporate wealth or public health?"
2014	Invited Speaker, C3 Collaborating for Health, London, UK "Healthy, wealthy, and wise?" <a href="http://www.c3health.org/c3activities/events/international-breakfast-seminars/seminar-33-healthy-wealthy-and-wise/">http://www.c3health.org/c3activities/events/international-breakfast-seminars/seminar-33-healthy-wealthy-and-wise/</a>
2014	Invited Speaker, Facebook, Menlo Park, CA "Darwin, diet, disease, and dollars"
2014	Invited Speaker, Santaluz Club, San Diego, CA "The three myths of the food industry"
2014	Invited Speaker, CLSA Ltd., Hong Kong, China "Sweetening the pot: rethinking investment around food"
2014	Invited Speaker, Town and Gown, Berkeley, CA "The three myths of the food industry"
2014	Invited Speaker, Blue Stocking Salon, San Mateo, CA "The three myths of the food industry"

## ADVOCACY (cont):

2014	Invited Speaker, Fit Kids, San Mateo, CA "The three myths of obesity"
2014	Invited Speaker, Charles Schwab. San Francisco, CA "The three myths of the food industry"
2014	Invited Speaker, Physicians for Social Responsibility, Stanford University, Stanford, CA "Corporate wealth or public health?"
2014	Invited Speaker, MIT Club of Northern California, San Francisco, CA "The three myths of the food industry"
2014	Invited Speaker, Food and Health, James Beard Foundation Annual Food Conference, New York, NY "The ubiquity of sugars"
2014	Invited Panelist, Debate on Prop E – The San Francisco Soda Tax, The Commonwealth Club, San Francisco, CA
2014	Invited Speaker, Ministry of the Treasury, Mexico City, Mexico "Fed Up in Mexico"
2014	Invited Speaker, Prospect Sierra High School Authors Series, El Cerrito, CA "The sugar pandemic: policy vs. politics"
2014	Invited Speaker, Congregation Beth Emek, Pleasanton, CA "Healthy, wealthy, and wise? The consequences of the American diet"
2015	Invited Speaker, American Heart Association Western States Affiliates, Los Angeles, CA "Advocacy: how we can make transformative change"
2015	Invited Speaker, Ramsay Talks, Toronto, Ont., Canada "Processed food: an experiment that failed"
2015	Distinguished Lecturer, McGraw Cancer Awareness Program, Dayton, OH Upper Valley Medical Center Foundation, Dayton, OH "The sugar pandemic: policy vs. politics"
2015	Distinguished Lecturer, Florida Hospital Center, Orlando, FL "Processed food: an experiment that failed"

	Robert H. Eddig, M.D., M.S.E.
ADVOCACY (cont):	
2016	Invited Speaker, 23 and Me, Mountain View, CA "Processed food: an experiment that failed"
2016	Keynote Speaker, Institute for Integrative Nutrition, New York, NY "Processed food: an experiment that failed"
2016	Panelist, The Commonwealth Club, San Francisco, CA "Food addiction"
2016	Invited Speaker, Napa Hospice System, Napa, CA "Processed food: an experiment that failed"
2016	Debate (with Connie Diekman, RD), St. Louis Academy of Nutrition and Dietetics, St. Louis, MO "Is sugar toxic beyond its calories?" YES
2016	Beyond Foundation, Tucson, AZ "Processed food: an experiment that failed"
2017	Invited Speaker, Baptist Health System, Miami, FL "Food, happiness, and longevity"
2017	Invited Speaker, Baptist Health System, Ocean Reef, FL "Food, happiness, and longevity"
2017	Invited Speaker and Panelist, Credit Suisse Emerging Megatrends Conference, Singapore "Longevity and nutrition"
2017	Invited Panelist, Disruption Innovation Festival, San Francisco, CA "Disrupting disruption by design"
2018	Invited Speaker, Los Altos Morning Forum, Los Altos, CA "The hacking of the American mind"
2018	Invited Panelist, Common Sense Media-Kaiser Permanente Symposium on Technology Addiction, Washington, D.C. "This is your brain on tech"
2018	Invited Speaker, Silicon Valley Health Institute, Palo Alto, CA "The hacking of the American mind"
2018	Invited Speaker, Wonderfest, Novato, CA "The hacking of the American mind"
2018	Invited Speaker, Engredea (sponsored by Inno-Viactiv), Anaheim, CA "The three myths of the food industry"

## ADVOCACY (cont):

2018	Invited Speaker, Skeptikal, Berkeley, CA "The hacking of the American child"
2018	Invited Panelist (with David Ludwig), Metabolical You, Seattle, WA
2018	Invited Speaker, Symposium on Food Addiction, Renascent, Toronto, Ont, Canada "The case for and against food addiction: a scientific and legal analysis"
2018	Invited Speaker, MIT On-Campus Forum, Cambridge, MA "The hacking of the American mind"
2018	Invited Speaker, Princeton Club, New York, NY "The hacking of the American mind"
2018	Keynote Speaker, Sugar Reduction Summit, AOK Insurance, Berlin, Germany "Does sugar cause diabetes and heart disease?"
2018	Invited Panelist, Commonwealth Club, San Francisco, CA "Metabolic and mental health"
2018	Invited Speaker, Peninsula Round Table "The hacking of the American child"
2018	Invited Speaker, Hoover Middle School, San Francisco "The hacking of the American child"
2019	Invited Speaker, Blue Spirit, Costa Rica "Nutrition, longevity, and happiness"
2019	Invited Speaker, Commonwealth Club, San Francisco, CA "The hacking of the American child"
2019	Invited Speaker, Lafayette Public Library, Lafayette, CA "The hacking of the American child"

# **BOARD AND ADVISORY POSITIONS:**

2011-present Advisory Board, Food Fight, New York, NY (non-profit, no salary)  2011-present Advisory Board, ConnectWell, Pleasanton, CA (for profit, no salary)  2013-2016 President, Institute for Responsible Nutrition, San Francisco, CA (non-profit, no salary, became Eat REAL)  2013-present Advisory Board, Arete School of Sport Culture and Wellness, Novato, CA (non-profit, no salary)  2013-2016 Scientific Advisory Board, Rivermend Health (for profit, consulting fee)  2014-present Member, Action on Sugar, London, U.K. (non-profit, no salary)  2014-present Executive Committee and Advisory Board, SugarScience.org (non-profit, no salary)  2015-present Advisory Board, Juralytics (for profit, no salary)  2016-present Chief Science Officer, Eat REAL (non-profit, no salary)  2017-present Advisory Board, Resnick Center for Food Law and Policy, UCLA School of Law (non-profit, no salary)  2017-present Advisory Board (Technology), Common Sense Media, San Francisco, CA (non-profit, no salary)  2017-present Numerous consultancies, including industrial, insurance, and legal entities  2018-present Chief Medical Officer, BioLumen Technologies (for profit)	2006-present	Advisory Board (Nutrition), Common Sense Media, San Francisco, CA
salary)  2013-2016 President, Institute for Responsible Nutrition, San Francisco, CA (non-profit, no salary, became Eat REAL)  2013-present Advisory Board, Arete School of Sport Culture and Wellness, Novato, CA (non-profit, no salary)  2013-2016 Scientific Advisory Board, Rivermend Health (for profit, consulting fee)  2014-present Member, Action on Sugar, London, U.K. (non-profit, no salary)  2014-present Executive Committee and Advisory Board, SugarScience.org (non-profit, no salary)  2015-present Advisory Board, Juralytics (for profit, no salary)  2016-present Chief Science Officer, Eat REAL (non-profit, no salary)  2017-present Advisory Board, Resnick Center for Food Law and Policy, UCLA School of Law (non-profit, no salary)  2017-present Advisory Board (Technology), Common Sense Media, San Francisco, CA (non-profit, no salary)  2017-present Numerous consultancies, including industrial, insurance, and legal entities  2018-present Advisory Board, Center for Humane Technology (non-profit, no salary)	2011-present	
CA (non-profit, no salary, became Eat REAL)  2013-present Advisory Board, Arete School of Sport Culture and Wellness, Novato, CA (non-profit, no salary)  2013-2016 Scientific Advisory Board, Rivermend Health (for profit, consulting fee)  2014-present Member, Action on Sugar, London, U.K. (non-profit, no salary)  2014-present Executive Committee and Advisory Board, SugarScience.org (non-profit, no salary)  2015-present Advisory Board, Juralytics (for profit, no salary)  2016-present Chief Science Officer, Eat REAL (non-profit, no salary)  2017-present Advisory Board, Resnick Center for Food Law and Policy, UCLA School of Law (non-profit, no salary)  2017-present Advisory Board (Technology), Common Sense Media, San Francisco, CA (non-profit, no salary)  2017-present Numerous consultancies, including industrial, insurance, and legal entities  2018-present Advisory Board, Center for Humane Technology (non-profit, no salary)	2011-present	
Wellness, Novato, CA (non-profit, no salary)  2013-2016 Scientific Advisory Board, Rivermend Health (for profit, consulting fee)  2014-present Member, Action on Sugar, London, U.K. (non-profit, no salary)  2014-present Executive Committee and Advisory Board, SugarScience.org (non-profit, no salary)  2015-present Advisory Board, Juralytics (for profit, no salary)  2016-present Chief Science Officer, Eat REAL (non-profit, no salary)  2017-present Advisory Board, Resnick Center for Food Law and Policy, UCLA School of Law (non-profit, no salary)  2017-present Advisory Board (Technology), Common Sense Media, San Francisco, CA (non-profit, no salary)  2017-present Numerous consultancies, including industrial, insurance, and legal entities  2018-present Advisory Board, Center for Humane Technology (non-profit, no salary)	2013-2016	
consulting fee)  2014-present Member, Action on Sugar, London, U.K. (non-profit, no salary)  2014-present Executive Committee and Advisory Board, SugarScience.org (non-profit, no salary)  2015-present Advisory Board, Juralytics (for profit, no salary)  2016-present Chief Science Officer, Eat REAL (non-profit, no salary)  2017-present Advisory Board, Resnick Center for Food Law and Policy, UCLA School of Law (non-profit, no salary)  2017-present Advisory Board (Technology), Common Sense Media, San Francisco, CA (non-profit, no salary)  2017-present Numerous consultancies, including industrial, insurance, and legal entities  2018-present Advisory Board, Center for Humane Technology (non-profit, no salary)	2013-present	
2014-present Executive Committee and Advisory Board, SugarScience.org (non-profit, no salary)  2015-present Advisory Board, Juralytics (for profit, no salary)  2016-present Chief Science Officer, Eat REAL (non-profit, no salary)  2017-present Advisory Board, Resnick Center for Food Law and Policy, UCLA School of Law (non-profit, no salary)  2017-present Advisory Board (Technology), Common Sense Media, San Francisco, CA (non-profit, no salary)  2017-present Numerous consultancies, including industrial, insurance, and legal entities  2018-present Advisory Board, Center for Humane Technology (non-profit, no salary)	2013-2016	
SugarScience.org (non-profit, no salary)  2015-present Advisory Board, Juralytics (for profit, no salary)  2016-present Chief Science Officer, Eat REAL (non-profit, no salary)  2017-present Advisory Board, Resnick Center for Food Law and Policy, UCLA School of Law (non-profit, no salary)  2017-present Advisory Board (Technology), Common Sense Media, San Francisco, CA (non-profit, no salary)  2017-present Numerous consultancies, including industrial, insurance, and legal entities  2018-present Advisory Board, Center for Humane Technology (non-profit, no salary)	2014-present	Member, Action on Sugar, London, U.K. (non-profit, no salary)
2016-present Chief Science Officer, Eat REAL (non-profit, no salary)  2017-present Advisory Board, Resnick Center for Food Law and Policy, UCLA School of Law (non-profit, no salary)  2017-present Advisory Board (Technology), Common Sense Media, San Francisco, CA (non-profit, no salary)  2017-present Numerous consultancies, including industrial, insurance, and legal entities  2018-present Advisory Board, Center for Humane Technology (non-profit, no salary)	2014-present	
2017-present  Advisory Board, Resnick Center for Food Law and Policy, UCLA School of Law (non-profit, no salary)  Advisory Board (Technology), Common Sense Media, San Francisco, CA (non-profit, no salary)  Numerous consultancies, including industrial, insurance, and legal entities  Advisory Board, Center for Humane Technology (non-profit, no salary)	2015-present	Advisory Board, Juralytics (for profit, no salary)
UCLA School of Law (non-profit, no salary)  2017-present Advisory Board (Technology), Common Sense Media, San Francisco, CA (non-profit, no salary)  2017-present Numerous consultancies, including industrial, insurance, and legal entities  2018-present Advisory Board, Center for Humane Technology (non-profit, no salary)	2016-present	Chief Science Officer, Eat REAL (non-profit, no salary)
Francisco, CA (non-profit, no salary)  Numerous consultancies, including industrial, insurance, and legal entities  Advisory Board, Center for Humane Technology (non-profit, no salary)	2017-present	
legal entities  2018-present  Advisory Board, Center for Humane Technology (non-profit, no salary)	2017-present	
no salary)	2017-present	
2018-present Chief Medical Officer, BioLumen Technologies (for profit)	2018-present	
	2018-present	Chief Medical Officer, BioLumen Technologies (for profit)

### **GRADUATE STUDENT EDUCATION:**

Michael J. Woller Endocrinology-Reproductive Physiology Progam

University of Wisconsin

Supervisor: Ei Terasawa, Ph.D.

Ph.D. awarded 1991

"The role of neuropeptide Y in the control of luteinizing

hormone-releasing hormone release"

Tami Wolden-Hanson **Neuroscience Training Program** 

University of Wisconsin

Supervisor: Joseph Kemnitz, Ph.D.

Ph.D. awarded 1994

"The role of CNS insulin in the control of energy balance in the

rhesus monkey"

Endocrinology-Reproductive Physiology Program Han-Jung Lee

University of Wisconsin

Supervisor: Chawnshang Chang, Ph.D.

Ph.D. awarded 1996

"Identification of response element and target genes of human

TR2 orphan receptor"

Win-Jing Young Endocrinology-Reproductive Physiology Program

University of Wisconsin

Supervisor: Chawnshang Chang, Ph.D.

Ph.D. awarded 1997

"Study of the physiological function of TR3 orphan receptor by

gene knock-out"

Robert S. Starr **Neuroscience Training Program** 

Albert Einstein College of Medicine Supervisor: Howard Federoff, M.D., Ph.D.

Ph.D. awarded 1997

"Mechanisms of tissue specificity of GAP-43 regulation"

Ann M. Miller **Neuroscience Training Program** 

University of Wisconsin Supervisor: Ruth Benca, M.D. Ph.D. candidate 1998

"Pathways mediating the effects of light on sleep in congenic rats"

David J. Sharp **Neuroscience Training Program** 

> University of Wisconsin Supervisor: Peter Baas, Ph.D. Ph.D. candidate 1998

"Organization of microtubule assembly during neurite elongation"

Luis Rodriguez **Nutritional Epidemiology Program** 

**UCSF** 

Supervisor: James Kahn, M.D.

Ph.D. candidate 2019

"Assessment of the Mexican soda tax"

## **GRADUATE STUDENT EDUCATION (cont):**

Laboratory of Cardiovascular Endocrinology UCSF Dylan Lowe

Supervisor: Ethan Weiss, M.D. Ph.D. candidate 2019

### MEDICAL STUDENT EDUCATION:

Renee De La Torre MS I-IV, UCSF, 2001-2005 (M.D. 2005)

Predictors of weight gain in obese children

Jessica Myers MS I, UCSF, 2006 (M.D. 2009)

Biochemical and behavioral contributors to waist

circumference in obese children

Emily Clark MS I-II, UCSF 2007-2008 (M.D. 2010)

Biochemical and behavioral contributors to waist

circumference in obese children

A sleep extension intervention for obese prepubertal

children

Jason Langheier, M.P.H. MS III, Duke University, 2007-2008 (M.D. 2009)

Doris Duke Fellowship

Geocoding of the built environment to predict risk for

weight gain among obese children

Annie Valente MS I, UCSF, 2008 (M.D. 2011)

Association between sugar sweetened beverage consumption and alanine aminotransferase in obese

children

Paula Yoffe Undergraduate, U.C. Berkeley (B.S. 2011)

Sugar consumption and diabetes rates in developing countries

Brent Scharschmidt MS III, UCSF, 2012 (M.D. expected 2013)

Screening tool for outpatient obesity guidance and therapy

#### POST-GRADUATE EDUCATION:

Pisit Pitukcheewanont, M.D. Pediatric Endocrine Fellow, U.T. Memphis, 1995-1996

Kristen Hamre, Ph.D. Research Associate, U.T. Memphis, 1996-1997

Chunying Yang, Ph.D. Research Associate, U.T. Memphis, 1997-1998

Dean C. Broome, M.D. Pediatric Endocrine Fellow, U.T. Memphis, 1997-1999

Pedro A. Velasguez-Mieyer, M.D. Research Associate, U.T. Memphis, 1998-2001

(Research Mentor)

Hanan Tosson, M.D. Pediatric Endocrine Fellow, U.T. Memphis, 1999-2001

Omeima Zeitoun, M.D. Pediatric Endocrine Fellow, U.T. Memphis, 2000-2001

Susan R. Conrad, M.D. Pediatric Endocrine Fellow, UCSF, 2001-2002

Chaluntorn Preeyasombat, M.D. Pediatric Endocrine Fellow, UCSF, 2001-2003

(Research mentor)

Heidi Gassner, M.D. Pediatric Endocrine Fellow, UCSF, 2001-2004

Qing Dong, M.D., Ph.D. Pediatric Endocrine Fellow, UCSF, 2002-2005

Eric A. Huang, M.D. Pediatric Endocrine Fellow, UCSF, 2003-2006

Anastasia Hadjiyannakis, M.D. Assistant Professor, Children's Hospital of Eastern Ontario,

University of Ottawa, Sabbatical, 2003

Martha Perry, M.D. Adolescent Medicine Fellow, UCSF, 2003-2004

Kristine A. Madsen, M.D., M.P.H. General Pediatrics Fellow, UCSF, 2003-2005

Brian J. Feldman, M.D., Ph.D. Pediatric Endocrine Fellow, UCSF, 2004-2006

Cam-Tu Tran, M.D. Assistant Professor, UCSF, 2002-2008

Maureen Su, M.D. Pediatric Endocrine Fellow, UCSF, 2004-2007

Clement Cheung, M.D., Ph.D. Pediatric Endocrine Fellow, UCSF, 2004-2007

Sophia Yen, M.D., M.P.H. Adjunct Instructor, UCSF, 2004-2005

Joan Orrell-Valente, Ph.D. Assistant Professor, UCSF, 2004-2006

Jyu-Lin Chen, R.N., Ph.D. Assistant Professor, UCSF, 2005-2008

(Primary mentor on K12)

Lia Fernald, Ph.D. Assistant Professor, UC Berkeley, 2005-2006

Roger K. Long, M.D. Pediatric Endocrine Fellow, UCSF, 2005-2007

Andrew A. Bremer, M.D., Ph.D. Pediatric Endocrine Fellow, UCSF, 2005-2007

### POST-GRADUATE EDUCATION (cont.):

Sayali A. Ranadive, M.D. Pediatric Endocrine Fellow, UCSF, 2005-2008

Neera Gupta, M.D. Pediatric Gastroenterology Fellow, UCSF, 2005-2007

Assistant Professor, UCSF 2007-2012

(Co-mentor on K23)

Stephanie Nguyen, M.D. M.A.S. Pediatric Nephrology Fellow, UCSF, 2006-2009

Alison S. Reed, M.D. Pediatric Endocrine Fellow, UCSF, 2006-2009

Janet M. Wojcicki, Ph.D. Research Associate, Pediatric Gastroenterology and

Nutrition, UCSF, 2004-2008

Carolyn B. Jasik, M.D. Pediatric Adolescent Medicine Fellow, UCSF, 2006-2009

(Research co-mentor)

Tanja Adam, Ph.D. Psychiatry Post-Doctoral Fellow, UCSF, 2006-2007

Dejana Braithwaite, M.Sc., Ph.D. Surgery Post-Doctoral fellow, UCSF, 2006-2008

Patrika M. Tsai, M.D., M.P.H. Assistant Professor, UCSF, 2007-present

(Research mentor)

Young Eun Choi, M.D., Ph.D. Associate Professor of Family Medicine, Yongsei

University, Seoul, South Korea, Sabbatical, 2007

R. Will Charlton, M.D. Pediatric Endocrine Fellow, UCSF, 2007-2010

lvy R. Aslan, M.D. Pediatric Endocrine Fellow, UCSF, 2007-2010

Jung Sub Lim, M.D., Ph.D. Associate Professor of Pediatrics, Korea Cancer Center

Hospital, Seoul, South Korea, Sabbatical, 2008-2009

Jennifer R. Cordier, M.D. Pediatric Endocrine Fellow, UCSF, 2008-2009

Taninee Sahakitrungruang, M.D. Pediatric Endocrine Fellow, UCSF, 2008-2010

Thu Ho, M.D. Pediatric Endocrine Fellow, UCSF, 2009-2011

Lisa Goldman Rosas, Ph.D., M.P.H. Postdoctoral Fellow, UCSF Center on Social Disparities in

Health, Dept. of Family and Community Medicine 2008-

2010 (Co-mentor on Thrasher Early Career Award)

Anisha Patel, M.D., M.P.H. Postdoctoral Fellow, UCSF Institute for Health Policy

Studies, 2009-present (Consultant on K23 award)

Jenise C. Wong, M.D., Ph.D. Pediatric Endocrine Fellow, UCSF, 2009-2011

Anjali Jain, M.D. Pediatric Endocrine Fellow, UCSF, 2009-2012

(Primary mentor on Thrasher Early Career Award)

Emily R. Perito, M.D. Pediatric Gastroenterology Fellow, UCSF, 2010-2012

Pediatric Liver Fellow, UCSF 2012-2013

(Research co-mentor)

## POST-GRADUATE EDUCATION (cont.):

Lisa K. Taylor, M.D.	Pediatric Endocrine Fellow, UCSF, 2010-2013
Andrea Gerard Gonzalez, M.D.	Pediatric Endocrine Fellow, UCSF, 2010-2013
Amy Mugg, M.D.	Pediatric Endocrine Fellow, UCSF, 2011-2014
Sara Moassesfar, M.D.	Pediatric Endocrine Fellow, UCSF, 2011-2014
Paula Jossan, M.D.	Pediatric Endocrine Fellow, UCSF, 2012-2015
Joshua Tarkoff, M.D.	Pediatric Endocrine Fellow, UCSF, 2012-2015
Priya Prahalad, M.D., Ph.D.	Pediatric Endocrine Fellow, UCSF, 2012-2015
Nicholas Heiniger, M.D.	Pediatric Endocrine Fellow, UCSF, 2013-2016
Vanita Jindal, M.D.	Pediatric Endocrine Fellow, UCSF, 2013-2014
Cristin Kearns, D.D.S., M.B.A.	Public Policy Fellow, UCSF, 2013-2017 (Research co-mentor)
Monique Radman, M.D.	Pediatric Critical Care Fellow, UCSF, 2012-2014 (Research co-mentor)
Eric Bomberg, M.D.	Pediatric Endocrine Fellow, UCSF, 2014-2018
Kari Wellnitz, M.D.	Pediatric Critical Care Fellow, UCSF, 2014-2017
Janet Lee, M.D.	Pediatric Endocrine Fellow, UCSF, 2015-present
Liat Perl, M.D.	Pediatric Endocrine Fellow, UCSF, 2015-2017
Ayca Erkin-Cakmak, M.D., M.P.H.	Pediatric Endocrine Fellow, UCSF, 2016-present (research mentor)
Alyssa Huang, M.D.	Pediatric Endocrine Fellow, UCSF, 2016-present
Alyssa Huang, M.D.  Jennifer Zabinsky, M.D.	Pediatric Endocrine Fellow, UCSF, 2016-present Pediatric Endocrine Fellow, UCSF, 2017-present

## **HONORS AND AWARDS:**

1977-1980	Recipient, Joseph Collins National Scholarship
1986-1987	Recipient, Clinical Scholar Award The Rockefeller University, New York, NY
1990-1991	Recipient, McArdle Cancer Research Award University of Wisconsin-Madison, WI
2005-2017	Selection, Best Doctors in America®
2009-2017	Selection Marin Magazine, Bay Area Best Doctors
2010	Wellness Warrior Award, Walnut Creek Wellness City Challenge, City of Walnut Creek, CA
2010	Pinnacle Award, UCTV, San Diego, CA
2011-2018	Selection, Castle and Connelly America's Top Doctors®
2011	Volunteer of the Year, Bay Area American Heart Association
2011-2017	Selection, <i>Top Doctors</i> , U.S. News and World Report
2014	Albert and Jane Nahmad Thought Leader in Medicine, Baptist Health, Miami, FL
2015	Top Abstract, The Obesity Society, Los Angeles, CA
2016	UCSF Chancellor's Award for Public Service, Faculty
2018	Award of Distinction, Academy of Dentistry International

## **GRANTS:**

1987-1990	Recipient, Clinical Investigator Award (K08 00703), NICHD, USPHS
1990-1991	Recipient, McArdle Cancer Research Award University of Wisconsin-Madison, WI
1991-1992	Recipient, Research Grant, Wendy Will Case Cancer Fund, Chicago, IL
1992-1994	Recipient, James Shannon Award (R55 CA58044), NCI
1995-1998	Recipient, Research Grant (IBN 94-21431), NSF
1998-2000	Recipient, Research Grant (SMSG 351), Novartis Pharmaceuticals Corporation
2000-2001	Recipient, Research Grant (CSMS955US11), Novartis Pharmaceuticals Corporation
2002-2003	Recipient, Research Grant (CSMS995 US20), Novartis Pharmaceuticals Corporation (15% effort)
2002-2004	Glaser Pediatric Research Network (D. Wilson, Stanford, PI; co-investigator, 5% effort)
2004-2005	Recipient, Research Grant (CSMS995B2403) Novartis Pharmaceuticals Corporation (10% effort)
2004-2008	USDA Grant (S. Fleming, UC Berkeley, PI; co-investigator, 5% effort)
2005-2008	Recipient, Research Grant, EndoVx (15% effort)
2009-2013	NCCAM P01 (AT005013) (F. Hecht, UCSF, PI; co-investigator, 5% effort)
2009-2013	NIEHS R01 (B. Eskenasi, U.C. Berkeley, PI; co-investigator, 2% effort)
2009-2014	NIEHS PO1 (B. Eskenasi, PI; co-investigator, 10% effort)
2010-2014	NIH RO1 (M. Harrison, UCSF, PI; co-investigator, 1% effort)
2010-2015	NHLBI U01 (E. Epel and B. Laraia, Pl's; co-investigator, 5% effort)
2010	UCSF Resource Allocation Program (P. Tsai, PI; primary mentor, supplies only)
2010-2011	Thrasher Early Career Development Award (A. Jain, PI; primary mentor, supplies only)
2010-2015	NIDDK R01 DK-089216 (R. Lustig AND J.M. Schwarz, Co-Pl's; 15% effort)

### **ARTICLES - REFEREED:**

- 1. Lustig RH, Cohen SI, Ransil BJ, Abelmann WH: Clinical evaluation of a computerized arrhythmia monitoring system: advantages of a lead system confined to the chest. Heart and Lung 7:1-8, 1978.
- Schriock EA, Lustig RH, Rosenthal SM, Kaplan SL, Grumbach MM: Effect of growth hormonereleasing hormone (GRH) on plasma growth hormone in relation to magnitude and duration of GH deficiency in 26 children and adults with isolated GH deficiency or multiple pituitary hormone deficiencies: evidence for hypothalamic GRH deficiency. J Clin Endocrinol Metab 58:1043-1049, 1984.
- 3. Lustig RH, Schriock EA, Kaplan SL, Grumbach MM: Effect of growth hormone-releasing factor on growth hormone release in children with radiation-induced growth hormone deficiency. Pediatrics 76:274-279, 1985.
- 4. Barton LL, Lustig RH, Fong CT, Walentik CA: Neonatal septicemia due to *Pseudomonas aeruginosa*. Am Fam Phys 33:147-151, 1986.
- 5. Lustig RH, Conte FA, Kogan BA, Grumbach MM: Ontogeny of gonadotropin secretion in congenital anorchism: sexual dimorphism versus syndrome of gonadal dysgenesis and diagnostic considerations. J Urol 138:587-591, 1987.
- 6. Lustig RH, Pfaff DW, Fishman J: Opioidergic modulation of the oestradiol-induced LH surge in the rat: roles of ovarian steroids. J Endocrinol 116:55-69, 1988.
- 7. Lustig RH, Pfaff DW, Fishman J: Induction of LH hypersecretion in cyclic rats during the afternoon of oestrus by oestrogen in conjunction with progesterone antagonism or opioidergic blockade. J Endocrinol 117:229-235, 1988.
- 8. Lustig RH, Pfaff DW, Mobbs CV: Two-dimensional gel autoradiographic analysis of the acute effects of estradiol on protein synthesis in the female rat ventromedial nucleus *in vivo*. Endocrinol 124:1863-1869, 1989.
- 9. Lustig RH, Pfaff DW, Mobbs CV: Considerations in the quantitative analysis of autoradiograms from two-dimensional gels. J Neurosci Meth 29:17-26, 1989.
- 10. Lustig RH, Mobbs CV, Pfaff DW, Fishman J: Temporal actions of  $16\alpha$ -hydroxyestrone in the rat: comparisons of lordosis dynamics with other estrogen metabolites and between sexes. J Steroid Biochem 33:417-421, 1989.
- 11. Lustig RH, Mobbs CV, Bradlow HL, McEwen BS, Pfaff DW: Differential effects of estradiol and  $16\alpha$ -hydroxyestrone on pituitary and preoptic estrogen receptor regulation. Endocrinol 125:2701-2709, 1989.
- 12. Lustig RH, Sudol M, Pfaff DW, Federoff HJ: Estrogenic regulation and sex dimorphism of Growth-Associated Protein 43 kDa (GAP-43) messenger RNA in the rat. Mol Brain Res 11:125-132, 1991.
- Lustig RH, Hua P, Wilson MC, Federoff HJ: Ontogeny, sex dimorphism, and neonatal sex hormone determination of synapse-associated messenger RNA's in rat brain. Mol Brain Res 20:101-110, 1993.
- 14. MacDonald MJ, Shahidi NT, Allen DB, Lustig RH, Mitchell TL, Cornwell ST: Pentoxifylline in the treatment of children with new-onset Type I diabetes mellitus. JAMA 271:27-28, 1994.

- 15. Lustig RH, Hua P, Yu W, Ahmad FJ, Baas PW: An *in vitro* model of estrogen action on neurons employing estrogen receptor-transfected PC12 cells. J Neurosci 14:3945-3957, 1994.
- 16. Lustig RH: Sex hormone modulation of neural development *in vitro*. Hormones and Behavior 28:383-395, 1994.
- 17. Lustig RH, Hua P, Smith LS, Wang CH, Chang C: An *in vitro* model of androgen action on neurons employing androgen receptor-transfected PC12 cells. Mol Cell Neurosci 5:587-596, 1994.
- 18. Gaynon PS, Lustig RH: The use of glucocorticoids in acute lymphoblastic leukemia of childhood: molecular, cellular, and clinical considerations. J Ped Hem/Onc 17:1-12, 1995.
- 19. Imbeaud S, Rey R, Berta P, Chaussain JL, Wit JM, Lustig RH, De Vroede MAM, Picard JY, Josso N: Testicular degeneration in three patients with the persistent Müllerian duct syndrome. Eur J Pediatr 154:187-190, 1995.
- 20. Lustig RH: *In vitro* models for the effects of sex hormones on neurons. Ann NYAS 784:370-381, 1996.
- 21. Pitukcheewanont P, Burstein SR, Rose SR, Lustig RH, Burghen GA: Management of post-operative and post-traumatic diabetes insipidus in children. The Endocrinologist 6:301-306, 1996.
- 22. Kuefer MU, Moinuddin M, Heidemann RL, Lustig RH, Rose SR, Burstein SR, Van Middlesworth L, Fleming I, Jenkins JJ, Shearer PD: Papillary thyroid carcinoma: demographics, treatment, and outcome in eleven pediatric patients treated at a single institution. Med Ped Oncol 28:433-440, 1997.
- 23. Norrby-Teglund A, Lustig R, Kotb M: Differential induction of Th1 versus Th2 cytokines by Group A streptococcal toxic shock syndrome isolates. Infection and Immunity 65: 5209-5215, 1997.
- 24. Lustig RH, Rose SR, Burghen GA, Broome DC, Velasquez-Mieyer P, Smith K, Li H, Hudson MM, Heideman RL, Kun LE: Hypothalamic obesity in children caused by cranial insult: altered glucose and insulin dynamics and reversal by a somatostatin agonist. J Pediatr 135:162-168, 1999.
- 25. Rose SR, Lustig RH, Pitukcheewanont P, Broome DC, Burghen GA, Li H, Hudson MM, Kun LE, Heideman RL: Hidden central hypothyroidism in survivors of childhood cancer. J Clin Endocrinol Metab 84:4472-4479, 1999.
- 26. Kaste SC, Chesney RW, Hudson MM, Lustig RH, Rose SR, Carbone LD: Bone mineral density during and after therapy of childhood cancer: an increasing population with multiple risk factors for impaired bone health. J Bone and Min Res 14:2010-2014, 1999.
- 27. Rose SR, Lustig RH, Burstein S, Pitukcheewanont P, Broome DC, Burghen GA: Diagnosis of ACTH deficiency: comparison of overnight metyrapone test to either low-dose or high-dose ACTH test. Hormone Res 52:73-79, 1999.
- 28. Kaste SC, Jones-Wallace D, Rose SR, Boyett JM, Lustig RH, Rivera GK, Pui CH, Hudson MM: Bone mineral decrements in survivors of childhood acute lymphoblastic leukemia: frequency of occurrence and risk factors for their development. Leukemia 15:728-734, 2001.

- Velasquez-Mieyer PA, Cowan PA, Arheart KL, Buffington CK, Spencer KA, Connelly BE, Cowan GSM, Lustig RH: Suppression of insulin secretion is associated with weight loss and altered macronutrient intake and preference in a subset of obese adults. Int J Obesity 27:219-226, 2003.
- 30. Merchant TE, Kienha EN, Sanford RA, Mulhern RK, Thompson SP, Wilson MW, Lustig RH, Kun LE: Craniopharyngioma: the St. Jude Children's Research Hospital experience 1984-2001. Int J Rad Oncol Biol Phys 53: 533-542, 2002.
- 31. Merchant TE, Kun LE, Williams T, Smith JM, Rose SR, Danish RK, Burghen GA, Kun LE, Lustig RH: Preirradiation endocrinopathies in pediatric brain tumor patients determined by dynamic tests of endocrine function. Int J Rad Oncol Biophys 54:45-50, 2002.
- 32. Merchant TE, Goloubeva O, Pritchard DL, Gaber MW, Xiong X, Danish RK, Lustig RH: Radiation dose-volume effects on growth hormone secretion. Int J Rad Oncol Biophys 52:1263-1270, 2002.
- 33. Leung W, Rose SR, Zhou Y, Hancock ML, Burstein S, Schriock EA, Lustig R, Danish RK, Evans WE, Hudson MM, Pui CH: Outcomes of growth hormone replacement therapy in survivors of childhood acute lymphoblastic leukemia. J Clin Oncol 20:2959-2964, 2002.
- 34. Lustig RH, Post SR, Srivannaboon K, Rose SR, Danish RK, Burghen GA, Xiong X, Wu S, Merchant TE: Risk factors for the development of obesity in children surviving brain tumors. J Clin Endocrinol Metab 88:611-616, 2003.
- 35. Lustig RH, Hinds PS, Ringwald-Smith K, Christensen RK, Kaste SC, Schreiber RE, Rai SN, Lensing SY, Wu S, Xiong X: Octreotide therapy of pediatric hypothalamic obesity: a double-blind placebocontrolled trial. J Clin Endocrinol Metab 88:2586-2592, 2003.
- 36. Cashion AK, Velasquez-Mieyer PA, Arheart KL, Hathaway DK, Buffington CK, Lustig RH: Indices of autonomic activity correlate with indices of insulin and glucose metabolism in obese adults (in preparation).
- 37. Velasquez-Mieyer PA, Cowan PA, Umpierrez GE, Lustig RH, Cashion AK, Burghen GA: Racial differences in glucagon-like peptide-1 (GLP-1) concentrations and insulin dynamics during oral glucose tolerance testing in obese subjects. Int J Obesity 27:1359-1364, 2003.
- 38. Rose SR, Schreiber RE, Kearney NS, Hudson MM, Lustig RH, Danish RK, Burghen GA, Hudson MM: Hypothalamic dysfunction after chemotherapy. J Pediatr Endocrinol Metab 17:55-66, 2004.
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- 43. Lustig RH: Hypothalamic obesity. In: Freemark MS (ed) Pediatric obesity: etiology, pathogenesis, and treatment, Contemporary Endocrinology (Conn PM, series editor). Springer, New York, 2010, Chapter 26, pp. 377-388.
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- Lustig RH: Perspective on Tey et al., "Effects of aspartame-, monk fruit-, stevia- and sucrose-sweetened beverages on postprandial glucose, insulin and energy intake. Practice Update January 27, 2017.
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#### SOCIETY GUIDELINES AND SCIENTIFIC STATEMENTS:

- Speiser PW, Rudolf MCJ, Anhalt H, Camacho-Hubner C, Chiarelli F, Eliakim A, Freemark M, Gruters G, Hershkovitz E, lughetti L, Krude H, Latzer Y, Lustig RH, Pescovitz OH, Pinhas-Hamiel O, Rogol AD, Shalitin S, Sultan C, Stein D, Vardi P, Werther GA, Zadik Z, Zuckerman-Levin N, Hochberg Z: Consensus development: childhood obesity. J Clin Endocrinol Metab 90:1871-1887, 2005.
- 2. August GP, Caprio S, Fennoy I, Freemark M, Kaufman FR, Lustig RH, Silverstein JH, Speiser PW, Styne DM, Montori VM: Prevention and treatment of pediatric obesity: an Endocrine Society clinical practice guideline based on expert opinion. J Clin Endocrinol Metab 93:4576-4599, 2008.
- 3. Steinberger J, Daniels SR, Eckel RH, Hayman L, Lustig RH, McCrindle B, Mietus-Snyder ML: Progress and challenges in Metabolic Syndrome in children and adolescents: a scientific statement from the American Heart Association Atherosclerosis, Hypertension, and Obesity in the Young Committee of the Council on Cardiovascular Disease in the Young; Council on Cardiovascular Nursing; and Council on Nutrition, Physical Activity, and Metabolism. Circulation 119:628-647, 2009.
- 4. Johnson RK, Appel LJ, Brands M, Howard BV, Lefevre M, Lustig RH, Sacks F, Steffen LM, Wylie-Rosett J: Dietary sugars intake and cardiovascular health: a scientific statement from the American Heart Association. Circulation 120:1011-1020, 2009.

#### **BOOKS:**

- 1. Lustig RH (ed): Obesity before birth: maternal and prenatal influences on the offspring. Endocrine Updates (Melmed S, series editor), Vol. 30, ISBN 978-1-4419-7033-6, Springer, New York, 2010.
- 2. Lustig RH: Prophecy and propaganda. Introduction in reissue of Yudkin J: Pure, white and deadly (originally published 1972, 1986). ISBN 0-7067-0040-6, Penguin Books UK, London, 2012, pp. vii-x.
- 3. Lustig RH: Fat chance: beating the odds against sugar, processed food, obesity, and disease. ISBN 978-1-59643-100-9, Hudson Street Press (Penguin USA), New York. Release date Dec. 27, 2012. New York Times Best Seller List, Advice and Miscellaneous, Jan 27 Feb 10, 2013. Translated into Mandarin, Japanese, Korean, German, French, Dutch, Polish, Norwegian, Swedish, Czech, Polish, Slovenian.
- 4. Lustig RH: Sugar has 56 names: a shopper's guide. E-book, Hudson Street Press (Penguin Random House), New York. Release date Sept. 3, 2013.
- 5. Lustig RH, Gershen C, Millar H: The fat chance cookbook. ISBN 978-1-59463-294-5, Hudson Street Press (Penguin Random House), New York. Release date Dec. 31, 2013.
- 6. Lustig RH: The hacking of the American mind: the science behind the corporate takeover of our bodies and brains. ISBN 978-1-10198-258-7, Avery Press (Penguin Random House), New York. Release date Sept. 12, 2017. Translated into German, Mandarin, Slovenian.

## OP-EDS, LETTERS, AND POPULAR ARTICLES:

2009	Letter to the Editor, Chicago Tribune 11/6/09 "The poisonous flavors of Chicago Public Schools"
2010	Op-Ed, San Francisco Chronicle, 10/4/10 "Big food toying with the health of your kids" www.sfgate.com/cgi-bin/article.cgi?f=/c/a/ 2010/10/04/ED061F0577.DTL
2012	Op-Ed, The Atlantic, 2/21/12 "The most unhappy of pleasures" www.theatlantic.com/health/archive/2012/02/ the-most-unhappy-of-pleasures-this-is-your-brain-on-sugar/253341/
2012	Op-Ed, Project Syndicate, 5/28/12 "The diet debacle" www.project-syndicate.org/print/the-diet-debacle
2012	Op-Ed, New York Daily News, 6/3/12 "Sugar is killing us" www.nydailynews.com/opinion/sugar-killing-article- 1.1088517?localLinksEnabled=false
2012	Op-Ed, Huffington Post 12/27/12  "Bring back Home Ecand this time for boys too!"  www.huffingtonpost.com/robert-lustig-md/home-ec-for-boys b 2360666.html
2012	Op-Ed, Time.com 12/27/12 "What you need to know about sugar" ideas.time.com/2012/12/27/what-you-need-to-know-about-sugar/
2013	Op-Ed, San Francisco Chronicle, 1/6/13 "Defusing the healthcare timebomb" www.sfgate.com/opinion/article/Defusing-the-healthcare-time-bomb-4168827.php#photo-3985391
2013	Op-Ed, The Personal Journey, Jan 2013 "Diet, dogma, and disaster"
2013	Op-Ed, CNN, 1/11/13 "Fast food sugar fiasco" http://www.cnn.com/2013/01/11/health/lustig-western-diet/
2013	Op-Ed, Huffington Post 2/27/13  "Still believe 'a calorie is a calorie'?"  www.huffingtonpost.com/robert-lustig-md/home-ec-for-boys b 2360666.html

# OP-EDS, LETTERS, AND POPULAR ARTICLES (cont):

2013	Op-Ed, Huffington Post 6/5/13 "GRAS — Smoke it, don't eat it" www.huffingtonpost.com/robert-lustig-md/fda-food-additives_b_3384629.html
2013	Op-Ed, UK Guardian 10/22/13 "Fructose: the poison index" http://www.theguardian.com/commentisfree/2013/oct/21/fructose-poison-sugar-industry-pseudoscience
2014	Op-Ed, The Atlantic.com 1/2/14 "The sugar addiction taboo" http://www.theatlantic.com/health/archive/2014/01/the-sugar-addiction-taboo/282699/
2014	Op-Ed, Jamie Oliver's Food Revolution 1/15/14 "What's wrong with our food? Quantity or quality?" http://www.jamieoliver.com/us/foundation/jamies-food-revolution/news-content/what-s-wrong-with-our-food-quantity-or-q
2014	Article, Leader's Edge Magazine June, 2014 "Toxic taste: Centuries ago, one third of Europe was wiped out by the Black Plague. Today, half of America will be wiped out by a new plague—chronic metabolic disease — and Obamacare doesn't address it" https://leadersedgemagazine.com/articles/%202014/ 05/toxic-taste
2014	Op-Ed, A Sweet Life June 2014 "View from the nutritional battlefield" http://asweetlife.org/feature/view-from-the-nutritional-battlefield/
2014	Op-Ed, Time.com 6/3/14  "How sugar went from a condiment to a diet staple"  http://time.com/2812756/how-sugar-went-from-a- condiment-to-a-diet-staple/
2014	Op-Ed, US News and World Report 6/11/14 "Double dipping to save our health care system" http://health.usnews.com/health-news/blogs/eat-run/2014/06/11/double-dipping-to-save-our-health-care-system
2014	Opinion, The Grocer, UK 7/5/14 "Sweet and sour manifesto" http://www.thegrocer.co.uk/opinion/saturday-essay/sweet-and-sour-manifesto/359199.article

## OP-EDS, LETTERS, AND POPULAR ARTICLES (cont):

2014	Op-Ed, Sacramento Bee 7/23/14 (with Michael Goran) "Don't believe industry-paid 'experts' on soda and diabetes" http://www.sacbee.com/2014/07/23/6574928_viewpoints-dont-believe-industry.html
2014	Room for Debate, New York Times 11/10/14 (with Marsha Cohen) "F.D.A. must define, and enforce, the term 'natural'" http://www.nytimes.com/roomfordebate/2014/11/10/should-the-fda-regulate-the-use-of-natural-on-food-products-15/fda-must-define-and-enforce-the-term-natural
2014	Article, Dear Doctor Magazine, Vol. 8, 3 <sup>rd</sup> Quarter "The bitter truth about sugar"
2015	Blog, Health Trust of Santa Clara Country "Sweet Revenge"
2015	Contribution, The Habit of Passion: Borrowing Life Strategies from the World's Most Wanted Leaders (Douglas Huh, ed.) "The future never comes"
2015	Op-Ed, Los Angeles Times 3/20/15  "Sugar in food is poorly labeled, and the industry likes it that way"  http://www.latimes.com/opinion/opinion-la/la-ol-sugar-labeling-fba-robert-lustig-blowback-20150320-story.html#page=1
2015	Op-Ed, Contra Costa Times 3/28/15 "Don't be a casualty in the war of sweet subterfuge" http://www.contracostatimes.com/endorsements/ci_27799271/guest-commentary-dont-be-casualty-war-sweet-subterfuge
2015	Op-Ed, The Conversation 10/27/15 "Sugar isn't just empty, fattening calories – it's making us sick"  http://theconversation.com/sugar-isnt-just-empty-fattening-calories-its-making-us-sick-49788
2015	Op-Ed, The Guardian 10/27/15  "The science is in: the case for a sugar tax is overwhelming"  http://www.theguardian.com/commentisfree/2015/oct/27/science-new-study-case-sugar-tax

# OP-EDS, LETTERS, AND POPULAR ARTICLES (cont):

2015	Op-Ed, Washington Post 10/29/15  "Food companies should stop fighting the obvious: sugar is ruining our health"  https://www.washingtonpost.com/posteverything/wp/2015/10/29/food-companies-should-stop-fighting-the-obvious-sugar-is-ruining-our-health/
2017	Op-Ed, The Guardian 1/4/17  "Sugar is the 'alcohol of the child', yet we let it dominate the breakfast table"  https://www.theguardian.com/commentisfree/2017/jan/04/sugar-alcohol-child-breakfast-diabetes-liver-disease-corporate
2017	Op-Ed, Sydney Morning Herald 4/22/17 "Dietary factions are hurting the fight against obesity" http://www.smh.com.au/comment/dietary-factions-are-hurting-the-fight-against-obesity-20170420-gvorep.html
2017	Op-Ed, The Guardian 9/9/17  "The pursuit of pleasure is a modern-day addiction"  https://www.theguardian.com/commentisfree/2017/sep/09/pursuit-of-pleasure-modern-day-addiction
2017	Op-Ed, Quartz 9/12/17  "Want to stop letting Silicon Valley control our lives?  Refuse to buy the new iPhones" <a href="https://qz.com/1075265/dont-buy-apples-iphone-8-stand-up-to-silicon-valley/">https://qz.com/1075265/dont-buy-apples-iphone-8-stand-up-to-silicon-valley/</a>
2017	Op-Ed, The Globe and Mail 10/15/17  "Excess sugar is toxic and we're addicted. Will a tax save us?"  https://beta.theglobeandmail.com/opinion/excess-sugar-is-toxic-and-were-addicted-will-a-tax-save-us/article36594756/
2018	Op-Ed, Project Syndicate, 9/24/18 "Big Food's poisonous propaganda" https://www.project-syndicate.org/commentary/processed-food-industry-sugar-addiction-by-robert-hlustig-2018-09

## **UNIVERSITY LECTURES AND SEMINARS:**

### Rockefeller University:

1987	Neuroscience Seminar Population Council Seminar "Opioidergic control of the rat estrous cycle"
1989	CME Program-Rockefeller University Hospital "The roles of sex hormones in premenstrual syndrome"
University of Wisconsin-Madison:	
1990	Neuroscience Lecture Primate Center Seminar "Estrogen regulation of neurite outgrowth"
1990	Endocrinology-Reproductive Physiology Seminar "Estrogen metabolism and estrogen-dependent disease"
1991	Pediatric Residents Conference "Evaluation of primary and secondary amenorrhea"
1991	Primate Center Seminar "A critical evaluation of the hypotheses of the mechanisms of puberty"
1991	Pediatric Grand Rounds "Man, woman, gay, straight, nature, nurture: A scientist's view of sex"
1992	Psychiatry Grand Rounds CME Program, St. Clare Hospital, Baraboo, WI "Gonadal hormones and the development of behavior"
1993	Pediatric Residents Conference CME Program, Richland Medical Center, Richland Center, WI "Interpreting thyroid function tests"
1993	Pediatric Grand Rounds Pediatric Clinical Conference Adult Endocrine Grand Rounds "Stress, hormones and the immune system"
1993	Pediatrics Research Seminar "Effects of estrogen on neural and synaptic organization"
1993,1994	Pediatric Residents Conference CME Program, Beloit Memorial Hospital, Beloit, WI "Congenital adrenal hyperplasia"

1993,1994 Anatomy Seminar

Molecular Biochemistry Seminar

Endocrinology-Reproductive Physiology Seminar

Adult Endocrine Grand Rounds Nutritional Sciences Seminar Neuroscience Seminar

"Mechanisms of sex hormone modulation of neural

ontogeny and plasticity"

1993,1994 Seminars in Pediatrics

CME Program, U. Wisconsin Teleconference

CME Program, Fort Atkinson Hospital, Ft. Atkinson, WI

"New concepts in thyroid hormone action"

1994 Pediatric Grand Rounds

Masters in Oncology

"The use of glucocorticoids in acute lymphoblastic leukemia"

1994 Urology Seminar

"Effects of intersex hormones on genitalia and brain"

1994 Pediatric Residents Conference

"Puberty: Parts I and II"

#### University of Tennessee, Memphis:

1995 Pediatric Bioethics Rounds

"Growth hormone: improved social life or marketing scheme?"

1995 Memphis Pediatric Forum (spon. Genentech, Inc.)

"Yet another talk on growth; when to worry, when to evaluate"

1995 Neonatology Grand Rounds, Regional Medical Center at Memphis

"Congenital adrenal hyperplasia"

1995-2000 Pediatric Residents Seminar

"An approach to cryptorchidism"

"Disorders of puberty"

"Evaluation of amenorrhea in children"

"Diabetic ketoacidosis: guidelines to management"

"Endocrine emergencies"

"Clinical Research Center testing" "Disorders of calcium metabolism" "Glucocorticoids in critical illness"

1995-1996 Pediatric Research Seminar

Center for Neuroscience Seminar Interhospital Endocrine Grand Rounds Memphis Citywide Endocrine Journal Club

"Roles of sex hormones in neural development"

1995-1999	St. Jude Children's Research Hospital Oncology Seminar "Evaluation of thyroid function tests" "The use of glucocorticoids in acute lymphoblastic leukemia" "The potential for anti-insulin agents in hypothalamic obesity" "CNS lymphoma and diabetes mellitus" "Glucocorticoids and osteoporosis" "Diabetes insipidus"
1996	Etteldorf Symposium Lecturer, LeBonheur Children's Med. Ctr. "Glucocorticoids: The most used and misunderstood drugs in pediatrics"
1997,1998	Southern Pediatric Endocrine Society "Role of insulin in obesity after brain tumors" "Two types of obesity, two different treatments'
1997	Pharmacology Research Seminar Adult Endocrine Grand Rounds Preventive Medicine Seminar " <i>Hypothalamic obesity: a new pathogenesis and treatment</i> "
1998-2001	Pediatric Grand Rounds "Dissecting obesity: the treatment must fit the disease" "Childhood obesity" "Hypothalamic obesity: the sixth cranial endocrinopathy"
1999-2001	Adult Endocrine Grand Rounds "Which comes first: the hyperinsulinism, the insulin resistance, or the obesity?" "Primary insulin hypersecretion: a specific and remediable subtype of obesity" "Obesity in black and white"
2000	Grand Rounds CME Program, St. Bernard's Hospital, Jonesboro, AR "Childhood obesity"
2000	U. Tennessee Women's Health Initiative "Obesity: Killer at large— pharmacotherapy"
2000	Crippled Children's Foundation, U. Tennessee, Memphis "Hypothalamic obesity: the sixth cranial endocrinopathy"
2000	Symposium Chair and Speaker, Child Health Forum on Childhood Obesity, Memphis Crippled Children's Foundation, Memphis, TN "Childhood obesity: medical mechanisms and sequelae"

University of California, San Francisco:

2001	Pediatric Faculty Research Seminar "Autonomic dysfunction of the beta-cell: a specific pathogenesis of obesity"
2001	Pediatric Adolescent Medicine Seminar "Insulin and obesity"
2001	Aging Seminar "Insulin hypersecretion: a specific and remediable subtype of obesity"
2002,2003	Neurosurgery Resident's Conference "Hypothalamic damage and the pathogenesis of obesity"
2002	Neonatology Grand Rounds "Neonatal hypoglycemia"
2002	Ob-Gyn Grand Rounds "Which comes first, the hyperinsulinism, the insulin resistance, or the obesity?"
2002	UCSF Advances and Controversies in Clinical Pediatrics (CME) "Obesity and the pediatrician"
2002	Diabetes Center Seminar "Autonomic dysfunction of the $\beta$ -cell and the pathogenesis of obesity"
2002	Pediatric Grand Rounds (Parnassus Campus) Pediatric Grand Rounds (San Francisco General Hospital) "Childhood obesity-behavioral aberration or biochemical drive?"
2002	Pediatric Grand Rounds-UCSF Fresno, Valley Children's Hospital "Childhood obesity-behavioral aberration or biochemical drive?"
2002	Adolescent Medicine Grand Rounds "Childhood obesity-behavioral aberration or biochemical drive?"
2002	Pediatric Grand Rounds-Marin General Hospital "Childhood obesity-behavioral aberration or biochemical drive?"
2003	Adult Gastroenterology Grand Rounds "Which comes first, the hyperinsulinism, the insulin resistance, or the obesity?"
2003	Pediatric Grand Rounds-California Pacific Medical Center "Obesity and the pediatrician"
2003	Pediatric Grand Rounds-Community Hospital of the Monterrey Peninsula "Obesity and the pediatrician"

2003	Pediatric Grand Rounds-St. Luke's Medical Center "Childhood obesity-behavioral aberration or biochemical drive?"
2003	Pediatric Hematology-Oncology Conference "Hypothalamic obesity"
2003	Reproductive Endocrinology Conference "Use of metformin in obesity and insulin resistance"
2003	State of California, Northern California Chapter Foster Nurses Meeting "Childhood obesity and the primary care provider"
2003	WATCH Clinic-Pediatric Obesity Seminar Series "Leptin resistance"
2003	Residents Teaching Seminar "Evaluation of amenorrhea"
2004	WATCH Clinic-Pediatric Obesity Seminar Series "Consensus document on treatment of childhood obesity"
2004	Pediatric Grand Rounds-San Francisco General Hospital "Two different insulin disorders causing childhood obesity"
2004	Pediatric Grand Rounds-John Muir Medical Center "Obesity and the pediatrician"
2004	WATCH Clinic-Pediatric Obesity Seminar Series "The efferent pathway of energy balance"
2005	UCSF Dermatology Grand Rounds "Pediatric obesity"
2005	UCSF Osher Lifelong Learning Institute "Current issues in pediatric obesity"
2005	Pediatric Grand Rounds-San Ramon Regional Medical Center "The neuroendocrinology of childhood obesity"
2005	UCSF Advances and Controversies in Clinical Pediatrics (CME) "Pharmacologic and surgical therapy for childhood obesity"
2005	Bay Area Pedodontic Study Club "Childhood obesity: behavior is really biochemistry"
2005	UCSF Pediatric Grand Rounds "Childhood obesity: reinterpreting the First Law of Thermodynamics"

2006	Pediatric Grand Rounds-San Francisco General Hospital "Childhood obesity: reinterpreting the First Law of Thermodynamics"
2006	UCSF Physiology Seminar "Childhood obesity: reinterpreting the First Law of Thermodynamics"
2006	Gladstone Institute Obesity Seminar "Childhood obesity: reinterpreting the First Law of Thermodynamics"
2006	Grand Rounds-Natividad Medical Center "Childhood obesity: reinterpreting the First Law of Thermodynamics"
2006	Pediatric Grand Rounds-Marin General Hospital "Childhood obesity: reinterpreting the First Law of Thermodynamics"
2006	UCSF Adolescent Medicine Rounds "A rational approach to diagnosing and treating childhood obesity"
2006	WATCH Clinic-Pediatric Obesity Seminar Series "Epigenetics in the pathogenesis of obesity: the potential role of insulin"
2006	UCSF Psychiatry Seminar "Childhood obesity: reinterpreting the First Law of Thermodynamics"
2006	UCSF COAST Grand Rounds "Obesity, starvation, and addiction-what do they have in common?"
2006	UCSF 2 <sup>nd</sup> year Medical student elective "Obesity, starvation, and addiction-what do they have in common?"
2006	The Forum Series, Grace Cathedral, San Francisco "Childhood obesity: how can we fix it?"
2006	WATCH Clinic-Pediatric Obesity Seminar Series Psychiatry Resident's Seminar "Pharmacotherapy of childhood obesity"
2007	Invited Speaker, Smart Life Forum, Palo Alto, CA "What's really behind the childhood obesity epidemic?"
2007	WATCH Clinic-Pediatric Obesity Seminar Series "The trouble with fructose"

2007	U.C. Berkeley Public Health Undergraduate Course "The trouble with fructose"
2007	UCSF Pediatric Grand Rounds (with Dr. Richard Jackson) "Honey, we blew up the kids: contributions of the food and built environments to the childhood obesity epidemic"
2007-2009	UCSF Endocrine Fellows Research Conference "Childhood obesity: mechanisms and management"
2007	UCSF Endocrine Grand Rounds "Obesity and the 'toxic' environment: is it really toxic?"
2007	Grand Rounds-Natividad Medical Center "The trouble with fructose"
2007	UCSF Pediatric Residents Seminar "Endocrine problems in the ICU"
2007	WATCH Clinic-Pediatric Obesity Seminar Series "Long-term pharmacotherapy for obesity"
2007	UCSF Adolescent Medicine-Developmental Skills Training "Environment, hormones, and behavior"
2007	Pediatric Grand Rounds-San Francisco General Hospital "The trouble with fructose"
2008	UCSF Diabetes Interest Group "Diabetes, metabolic syndrome, and carbohydrate restriction"
2008	UCSF Pediatric Surgery Seminar "Vagotomy for obesity"
2008	Panelist, Fettschriftt for Mary Dallman, Ph.D., UCSF "The future of obesity research"
2008	Invited Speaker, Pediatric Grand Rounds, John Muir Community Hospital, Walnut Creek, CA "The trouble with fructose"
2008	Invited Speaker, Medical Grand Rounds, Community Hospital of the Monterey Peninsula, Monterey, CA "Diabetes, metabolic syndrome, and carbohydrate restriction"
2008	Invited Speaker, San Francisco Unified School District Health Program, San Francisco, CA "Type 2 diabetes in children"
2008	UCSF Endocrine Grand Rounds "Leptin resistance: genetic, anatomic, and functional paradigms"

2008	UCSF COAST Seminar "Is food addictive?" with Elissa Epel, Ph.D., and Jennifer Daubenmeier, Ph.D.
2008	WATCH Clinic-Pediatric Obesity Seminar Series "Diabetes, metabolic syndrome, and carbohydrate restriction"
2008	Organizer, Chair and Speaker, Childhood Obesity Symposium, John Muir Medical Center, Walnut Creek, CA "Obesity and the 'toxic environment'"
2008	Grand Rounds-Santa Rosa Memorial Hospital "The trouble with fructose"
2008	UCSF Pediatric Residents Seminar "Childhood obesity: mechanisms and management"
2008	UCSF WATCH Clinic Seminar "Orthopedic aspects of childhood obesity"
2008	UCSF Reproductive Endocrine Seminar "Leptin resistance: genetic, anatomic, and functional paradigms" "The trouble with fructose" "Puberty: mechanisms, assessment, treatment"
2008	San Ramon Community Hospital-Medical Grand Rounds "Diabetes, metabolic syndrome, and carbohydrate restriction"
2008	Family and Community Medicine Grand Rounds-San Francisco General Hospital "The trouble with fructose"
2008	UCSF Pediatric Gastroenterology Conference "Childhood obesity"
2009	UCSF COAST Seminar "Alcohol addiction: similar to food dependence?" with Laura Schmidt, Ph.D., L.C.S.W. and Tim Durazzo, Ph.D.
2009-2015	UCSF Global Health Seminar "Solving the fructose dilemma"
2009	UCSF WATCH Clinic Seminar "Food addiction"
2009	UCSF Oral and Maxillofacial Surgery Grand Rounds "Obesity and the 'toxic environment: is it really toxic?"
2009	UCSF WATCH Clinic Seminar "Dietary factors and NAFLD"

2009	UCSF Mini-Medical School for the Public: Current Controversies in Nutrition, Letting Science be the Guide "Sugar: the bitter truth" www.uctv.tv/search-details.aspx?showID=16717 www.youtube.com/watch?v=dBnniua6-oM 3.7 million hits as of August 2013
2009	UCSF Advances and Controversies in Clinical Pediatrics (CME) "Sugar: the bitter truth"
2009	Grand Rounds-Sutter Medical Center of Santa Rosa "Dietary factors and NAFLD"
2009	UCSF WATCH Clinic Seminar "Vagotomy for obesity"
2009	Pediatric Nurse Practitioner Endocrine Lecture "Endocrine emergencies"
2009	Diablo Valley Dietetic Association, Walnut Creek "Sugar: the bitter truth"
2009	Service Employees' International Union Dietician's Conference, San Francisco "Sugar: the bitter truth"
2010	3 <sup>rd</sup> Mary Dallman Symposium, COAST Center Panel Discussion
2010	UCSF Obesity Summit 2010: Advances in Science and Practice (CME) "Childhood obesity: behavioral aberration or biochemical drive?"
2010	San Francisco Childhood Obesity Task Force Training Day Event (with Dr. Richard Jackson)  "Honey, we blew up the kids: contributions of the food and built environments to the childhood obesity epidemic"
2010	San Jose Affiliate of the California Dietetic Association, Trends in Nutrition 2010 "Dietary factors, NAFLD, and metabolic syndrome"
2010	UCSF WATCH Clinic Seminar "The industry response to calls for sugar reduction"
2010	Medical Grand Rounds, Queen of the Valley Medical Center, Napa, CA "Sugar — the bitter truth"
2010	Pediatric Residents Conference "Endocrine consequences of pediatric cancer therapy"
2010	UCSF Pediatric Grand Rounds "Dietary factors, NAFLD, and metabolic syndrome"

2010	Smart Life Forum, Palo Alto, CA "The fructose epidemic"
2010	UCSF Pituitary Conference (CME) "Hypothalamic obesity: a window on the neuroendocrinology of energy balance"
2011	UCSF WATCH Clinic Seminar "Personal responsibility in childhood obesity: a non-sequitur?"
2011	Highland Hospital Grand Rounds, Oakland, CA "Dietary factors, NAFLD, and metabolic syndrome"
2011	UCSF Reproductive Endocrinology Seminar "Puberty: mechanisms, manifestations, management"
2011	2 <sup>nd</sup> UC Office of the President Obesity Symposium, Sponsored by the UCSF COAST Center and UC Davis, Sugar highs and lows: dietary sugars, the brain, and metabolic outcomes "A <i>not-so-sweet ending? Interventions to reduce sugar consumption</i> " www.uctv.tv/search-details.aspx?showID=21693
2011	Pediatric Grand Rounds-San Francisco General Hospital "Personal responsibility in childhood obesity: a non-sequitur?"
2011	Highland Hospital Grand Rounds, Oakland, CA "Obesity and the 'toxic environment'"
2011	Pediatric Oncology Conference "Endocrine consequences of pediatric cancer therapy"
2011	Keynote Speaker, UCSF CTSI Clinical Research Annual Retreat "How to solve the obesity epidemic"
2011	Keynote Speaker, UCSF Pathways to Careers in Clinical and Translational Research Retreat "Dietary factors, NAFLD, and metabolic syndrome"
2011	Guest Speaker, Edible Education 101: The Rise of the Food Movement, U.C. Berkeley (with Patricia Crawford, Dr.P.H.) "Nutrition, health, and diet-related disease"
2011	UCSF WATCH Clinic Seminar "The trouble with fructose: a Darwinian perspective"
2011	UCSF WATCH Clinic Seminar "What is metabolic syndrome, and why are children getting it?"
2012	Keynote Speaker, UCSF 2 <sup>nd</sup> Annual Wellness Expo

"Darwin, diet, disease, and dollars"

2012	Family and Community Medicine Seminar "What is metabolic syndrome, and why are children getting it?"
2012	UCSF Brain Tumor Survivors Symposium "Endocrine problems after brain tumor therapy"
2012	UCSF WATCH Clinic Seminar "High fructose corn syrup – the nutritional equivalent of 'Pandora's Box'"
2012	Speaker, Sequoias Assisted Living, San Francisco, CA "Is sugar addictive and hazardous to your health?"
2012	Invited Speaker, Public Health Law, UC Hastings College of the Law "The sugar pandemic – policy vs. politics"
2012, 2013	Invited Speaker, UC Berkeley PH116 "Is sugar addictive and hazardous to your health?"
2012	Invited Panelist, UCSF COAST Seminar "The Richmond Soda Tax"
2012	Invited Speaker, Palo Alto Medical Foundation "Darwin, diet, disease, and dollars"
2012	Pediatric Grand Rounds, San Francisco General Hospital "The sugar pandemic: policy vs. politics"
2013	Invited Speaker, Dental Symposium, University of the Pacific "Sugar: addictive and hazardous to your health"
2013	Invited Speaker, Nano-High, Lawrence Berkeley National Laboratory "Bad sugars: toxic and hazardous to your health"
2013	Grand Rounds, Children's Hospital Oakland "The key role of sugar in obesity and metabolic syndrome"
2013	UCSF Mini-Medical School for the Public: Current Controversies in Nutrition, Letting Science be the Guide "Fat Chance: Fructose 2.0" http://uctv.tv/shows/Fat-Chance-Fructose-2-0-25641 http://www.youtube.com/watch?v=ceFyF9px20Y
2013	Grand Rounds, Kaiser San Francisco "What is metabolic syndrome anyway?"
2013	UCSF Adolescent Medicine Seminar "Sugar, hormones, and addiction"

2013	Cardiovascular Research Institute Symposium, UCSF "Healthy, wealthy, and wise?"
2013	Clinical-Translational Science Institute, UCSF "The sugar pandemic: policy vs. politics"
2013	Internal Medicine Grand Rounds, UCSF "Is diabesity due to a poison?"
2014	Obstructive Sleep Apnea Symposium, UCSF (CME) "The sugar pandemic"
2014	Obesity in America Lecture Series, Stanford University "What is metabolic syndrome, and why are children getting it?"
2014	Asian Health Forum, UCSF "How sugar hurts Asians more: the canaries in the coal mine"
2014	Pediatric Grand Rounds, San Francisco General Hospital "The San Francisco soda tax"
2014	Invited Speaker and Moderator, 6 <sup>th</sup> Annual COAST Symposium— Stress, Obesity, and Pregnancy: The Next Generation "Transmission effects to offspring"
2014	John C. Green Alumni Lecture, UCSF School of Dentistry "Tooth decay and liver decay: what did the dentists know and when did they know it?" "The sugar pandemic: policy vs. politics"
2014	Panelist, UCSF Symposium on the SF Soda Tax
2014	Urology Grand Rounds, UCSF "Sugar, metabolic syndrome, and cancer"
2014	Nutrition, Health, Disease, and the World, UCSF "What is metabolic syndrome, and why are children getting it?"
2014	Pediatric Grand Rounds, California Pacific Medical Center, San Francisco, CA "What is metabolic syndrome, and why are children getting it?"
2014	Invited Speaker, Kaiser Internal Medicine, South San Francisco, CA "What is metabolic syndrome, and why are children getting it?"

2014	Pediatric Grand Rounds, Marin General Hospital, San Anselmo, CA "Targeting insulin in obesity"
2014	Medical Grand Rounds, Kaiser Oakland, CA "What is metabolic syndrome anyway?"
2015	Invited Speaker, Food Law Class, UC Berkeley School of Law "Litigation as a mode of remediation in the food sector"
2015	Medical Grand Rounds, St. Francis Hospital, San Francisco, CA "The sugar pandemic — policy vs. politics"
2015	UCSF Case Managers Conference "The three myths of the food industry"
2015,2016	UCSF Nutrition Course (MS2) "Is sugar toxic beyond its calories?"
2015	UCSF Controllers' Symposium "The three myths of the food industry"
2015	Keynote Speaker, Research and Excellence Day, UCSF School of Dentistry "Tooth decay and liver decay: the nexus between doctors and dentists"
2015	UCSF Pediatric Grand Rounds "Processed food: an experiment that failed"
2016	UCSF Pediatric Diabetes Retreat "Does sugar cause type 2 diabetes?"
2016	Keynote Speaker, Research Day, Touro University-California "What is metabolic syndrome, and why are children getting it?"
2016	UCSF Medical Student Nutrition Lecture "Processed food: an experiment that failed"
2016	UCSF Sugar, Stress, Environment, and Weight Symposium "The case for and against food addiction: a scientific and legal analysis"
2016	UCSF Psychiatry Grand Rounds "Sugar, hormones, and addiction"
2016	UCSF Benioff Children's Hospital Oakland Grand Rounds "Processed food: an experiment that failed"

# <u>UNIVERSITY LECTURES AND SEMINARS</u> (cont):

2017	UCSF Medical Student Capstone Lecture "What is metabolic syndrome anyway?"
2017	UCSF Office of Development "Processed food: an experiment that failed"
2017	UCSF CS All Hands Conference "The hacking of the American mind"
2018, 2019	Invited Speaker, Psychiatry Grand Rounds, SF Veteran's Administration, San Francisco, CA "Sugar, hormones, and addiction"
2018	Invited Speaker, Breast Cancer group, Mt. Zion Hospital "Sugar, metabolic syndrome, and cancer"
2018	UCSF Mini-Med School for the Public (with Cristin Kearns, Laura Schmidt)  "FoodGate: the break-in, the cover-up, and the aftermath"
2018	Keynote Speaker, UCSF Advances and Controversies in Pediatrics (CME)  "The hacking of the American child"
2018	Invited Speaker, UCSF Dental Alumni Day "Cariology and cardiology"
2018	Invited Speaker, UCSF Transplant Symposium "Post-transplant metabolic syndrome"
2018	Invited Speaker, Touro Nutrition Club "The three faces of metabolic syndrome"
2018	Invited Panelist, UCSF-American Association of Public Health Dentistry "Tooth decay and liver decay"
2019	Invited Speaker, Touro Research Day "Prevention and reversal of type 2 diabetes"
2019	Invited Speaker, Kaiser San Francisco "Technology addiction"
2019	Invited Speaker, Touro Diabetes Day "Prevention and reversal of type 2 diabetes"

### **INVITED SPEAKER:**

1987	Invited Speaker, Symposium on Brain Opioid Systems and Reproduction, Cambridge, UK "Ovarian steroids and opioid action in control of the rat LH surge"
1988	Invited Speaker, Symposium on Behavioral Influences on the Menstrual Cycle in Health and Disease, Munich, FRG "Estrogen metabolism in disorders of nutrition and body composition"
1988	Invited Speaker, Workshop on Alcohol and Breast Cancer, American Health Foundation, New York, NY "Estrogen metabolism in alcoholism"
1992	Invited Speaker, Dept. of Neuroscience Albert Einstein College of Medicine, Bronx, NY "Sex and the brain: studies from cells to man"
1993	Invited Speaker, Dept. of Anatomy Columbia University College of Physicians and Surgeons, New York, NY "Estrogen and androgen effects on neurons"
1993	Invited Speaker, Dept. of Pediatrics Walter Reed Army Medical Center, Washington, D.C. "Tall stature and gigantism" "Sex hormones and the brain"
1994	Invited Speaker, U.SJapan Joint Symposium on Cellular and Molecular Actions of Steroid Hormones in the Brain, Honolulu, HI "Sex hormone modulation of neural organization in vitro"
1994	Invited Speaker, Dept. of Psychiatry University of Washington, Seattle, WA "Estrogenic and androgen regulation of neural organization in vitro: studies in PC12 cells"
1994	Invited Speaker, Dept. of Psychology Hunter College, New York, NY "Roles of sex hormones in neural organization"
1995	Keynote Lecturer, Ettore Majorana Center for Scientific Culture, Biology and biochemistry of normal and cancer cell growth, Erice, Sicily, Italy "Roles of sex hormones in neural development in vitro"
1995	Invited Speaker, Symposium on the Biological Basis of Sexual Orientation and Sex-Typical Behavior, Minot, ND "Sex hormone modulation of neural organization in vitro"
1995	Invited Speaker, Department of Pediatrics and Program in Neuroscience, Michigan State University, East Lansing, MI "Ontogeny of gender differences in cognition and behavior" "Sex hormonal regulation of neural development"

1996	Invited Speaker, Workshop on Steroids and Brain Function, Breckenridge, CO "In vitro models for the effects of hormones on neural development"
1996	Invited Speaker, Endocrinology Program, Mayo School of Medicine, Rochester, MN "Ontogeny of gender differences in cognition and behavior"
1997	Invited Speaker, Novartis Pharmaceuticals, East Hanover, NJ "Etiology and treatment of hypothalamic obesity"
1999	Invited Speaker, Maine Medical Center, Portland, ME "Childhood obesity: different treatments for different diseases" "Ontogeny of gender differences in cognition and behavior"
1999	Invited Speaker, Serono Symposium, A Current Review of Pediatric Endocrinology, San Francisco, CA "Childhood obesity"
1999	Invited Speaker, Memphis Area Society for Parenteral and Enteral Nutrition, Memphis, TN "Pharmacologic approaches to weight loss"
1999	Invited Speaker, Pediatric Endocrine Nurses Society of the Tri-State Area, Memphis, TN "Childhood obesity"
2000	Invited Speaker, University of Rochester, Rochester, NY "Childhood obesity" "Insulin suppression as a strategy for obesity pharmacotherapy"
2000	Invited Speaker, Endocrine Grand Rounds, University of Texas Health Sciences Center (Southwestern), Dallas, TX "Primary insulin hypersecretion: a specific and remediable subtype of obesity"
2000	Invited Speaker, Symposium on the Emerging Role of Somatostatin and Octreotide in Clinical Practice, American Association of Clinical Endocrinologists, Atlanta, GA "The role of insulin and its suppression in the treatment of obesity"
2000	Invited Speaker, Symposium on Novel Applications of Long-Acting Octreotide, The Endocrine Society, Toronto, Ont., Canada "Octreotide therapy of hyperinsulinism in obesity"
2000	Invited Speaker, Prader Willi Syndrome Association of America, Pittsburgh, PA "Therapy of hypothalamic obesity"

2000	Invited Speaker, University of Southern California School of Medicine, Los Angeles, CA "Hypothalamic obesity: the sixth cranial endocrinopathy" "Childhood obesity 2000" "Primary insulin hypersecretion: a specific and remediable subtype of obesity"
2000	Invited Speaker, Endocrine Grand Rounds, University of Colorado School of Medicine, Denver, CO "Childhood obesity 2000" "Primary insulin hypersecretion: a specific and remediable subtype of obesity"
2000	Invited Speaker, Pediatric Grand Rounds, Children's Hospital of Buffalo, Buffalo, NY "Childhood obesity 2000"
2000	Invited Speaker, Pediatric Grand Rounds and Endocrine Grand Rounds, University of Pittsburgh, Pittsburgh, PA "Hypothalamic obesity: the sixth cranial endocrinopathy" "Primary insulin hypersecretion"
2001	Invited Speaker, Endocrine Grand Rounds, Johns Hopkins University, Baltimore, MD "Autonomic dysregulation of the beta-cell: a treatable subtype of obesity"
2001	Invited Speaker, Endocrine Grand Rounds, Pediatric Grand Rounds, and Nutrition Grand Rounds, University of California, San Francisco, and University of California, Berkeley, CA "Hypothalamic obesity: the sixth cranial endocrinopathy" "Primary insulin hypersecretion: a specific and remediable subtype of obesity" "Obesity in black and white"
2001	Invited Speaker, Novo Nordisk Pharmaceuticals, Copenhagen, Denmark "Targeting insulin as a pharmacotherapy of obesity"
2001	Invited Speaker, Endocrine Grand Rounds, University of Miami, Miami, FL "Primary insulin hypersecretion: a specific and remediable subtype of obesity"
2001	Invited Speaker, National Cooperative Growth Study (NCGS) Coordinator's Meeting, Scottsdale, AZ "Hypothalamic obesity"
2002	Invited Speaker, Endocrine Grand Rounds, Stanford University School of Medicine, Palo Alto, CA "Insulin hypersecretion and insulin resistance: two related forms of obesity"

2002	Invited Speaker, Endocrine Grand Rounds, Washington University School of Medicine, St. Louis, MO "Primary insulin hypersecretion: a specific and remediable subtype of obesity"
2002	Invited Speaker, Midwest Pediatric Endocrine Society, Chicago, IL "New pharmacotherapies for obesity"
2002	Invited Speaker, Endocrine Grand Rounds, Baylor College of Medicine, Houston, TX "Autonomic dysfunction of the $\beta$ -cell and the pathogenesis of obesity"
2002	Invited Speaker, Organization of Pediatric Endocrinologists of Northern California (OPEC), Berkeley, CA "Childhood obesity-behavioral aberration or biochemical drive?"
2002	Invited Speaker, Norm Sharrer Symposium on Type 2 Diabetes Mellitus, Kaweah Health District, Visalia, CA "Which comes first: the hyperinsulinism, the insulin resistance, or the obesity?"
2002	Invited Speaker, Pediatric Grand Rounds, Carolinas Medical Center, Charlotte, NC "Hypothalamic obesity: the sixth cranial endocrinopathy" "Obesity and the pediatrician"
2002	Invited Speaker, Pennington Biomedical Research Center, Louisiana State University, Baton Rouge, LA "Autonomic dysregulation of the beta-cell, insulin hypersecretion, and obesity"
2002	Invited Speaker, Endocrinology Grand Rounds, Boston Children's Hospital, and Longwood Clinical Diabetes and Metabolism Seminar, Harvard Medical School, Boston, MA "Autonomic dysregulation of the beta-cell, insulin hypersecretion, and obesity" "Childhood obesity: behavioral aberration or biochemical drive?
2003	Joseph A. Gilmartin Pediatric Lectureship Pittsburgh Mercy Health System, Pittsburgh, PA "Childhood obesity: behavioral aberration or biochemical drive?
2003	Invited Speaker, Maimonides Medical Center, Brooklyn, NY "Childhood obesity: behavioral aberration or biochemical drive?
2003	Invited Speaker, Glaser Pediatric Research Network Symposium on Childhood Obesity, San Francisco, CA "The biochemistry of childhood obesity"
2003	Participant, Serono/EPA Symposium, The Role of Environmental Factors on the Onset and Progression of Puberty Expert Panel Workshop, Chicago, IL

2004	Co-Chair, Treatment Subcommittee Consensus Conference on Childhood Obesity Israel Pediatric Endocrine Society, Ein Gedi, Israel
2004	Invited Speaker, Novo Nordisk Symposium on Growth Hormone and Endocrinology, Malta "Obesity in survivors of childhood cancer" "Issues in growth hormone compliance"
2004	Invited Speaker, State-of-the-Art Symposium, Controversies in Childhood Obesity, LWPES/Pediatric Academic Societies, San Francisco, CA "Pharmacotherapy for childhood obesity"
2004	Program Chair and Speaker, CME Symposium, "The Endocrinology of Pediatric Obesity", The Endocrine Society, New Orleans, LA "Pharmacotherapy and surgical therapy of childhood obesity"
2004	Invited Speaker, Symposium on Autonomic Function and Obesity, North American Society of Pediatric Exercise Medicine, St. John, New Brunswick, Canada "Autonomic function of the beta-cell and adipocyte in the pathogenesis of obesity"
2004	Invited Speaker, Novo Nordisk Symposia, "Endocrinopathies in cancer survivors", Nagoya, Fukuoka, Kyoto, Okayama, and Tokyo, Japan "The endocrinology of craniopharyngioma" "Obesity after cancer therapy"
2004	Invited Speaker, Satellite Symposium, "Treatment of late endocrine consequences of cancer 2004", Societénternationale du Oncologie Pediatrique (SIOP), Oslo, Norway "Obesity after cancer therapy"
2004	Invited Panelist, American Society of Therapeutic and Radiation Oncology (ASTRO), Atlanta, GA "The endocrinology of craniopharyngioma"
2004	Invited Speaker, "Trends in Cardiovascular Medicine", Sierra Heart Institute, Lake Tahoe, CA "Autonomic function of the beta-cell and adipocyte in the pathogenesis of obesity"
2004	Invited Speaker, Cook Children's Medical Center, Ft. Worth, TX "The neuroendocrinology of childhood obesity" "Childhood obesity-behavioral aberration or biochemical drive?"
2004	Invited Speaker, Fellow's College, Lawson Wilkins Pediatric Endocrine Society, Greenwich, CT "Childhood obesity"

2004	Invited Speaker, New York Hospital/Memorial Sloan Kettering Cancer Center, New York, NY "The neuroendocrinology of childhood obesity"
2004	Invited Speaker, Pediatric Endocrine Symposium, University of Michigan, Ann Arbor, MI "Childhood obesity: behavioral aberration or biochemical drive?
2004	Visiting Professor, University of Melbourne, Melbourne, VIC, Australia "Childhood obesity-behavioral aberration or biochemical drive?" "The endocrinology of craniopharyngioma" "Childhood obesity-the new tobacco" "Targeting insulin in obesity"
2005	Invited Speaker, 3 <sup>rd</sup> Childhood Obesity Conference, State of California, San Diego, CA "Childhood obesity: behavior is biochemistry"
2005	Invited Speaker, CME Symposium on Drug Therapy in Children, Wayne State University, Las Vegas, NV "Childhood obesity-behavioral aberration or biochemical drive?" "Treatment of childhood obesity: lifestyle, drugs, and surgery"
2005	Invited Speaker and Symposium Co-Chair, Symposia Medicus, San Francisco, CA "Is obesity a behavioral aberration or a biochemical drive?" "Pharmacotherapy and surgical therapy for childhood obesity"
2005	Invited Speaker, Serono GHMonitor Investigators Meeting, Washington, D.C. "Managing disorders of satiety and obesity of hypothalamic origin"
2005, 2007	Invited Speaker, MAGIC Foundation, Chicago, IL "Introducing the hypothalamus" "Childhood obesity-behavioral aberration or biochemical drive? "Childhood obesity: the new tobacco" "Obesity in cancer survivors" "A hormonal method for treating childhood obesity"
2005	Invited Speaker, Endocrine Society Satellite Symposium, San Diego, CA "Obesity in cancer survivors"
2005	Invited Speaker, Novo Nordisk Nurses Symposium, San Francisco, CA "Childhood obesity-behavioral aberration or biochemical drive?"
2005	Invited Speaker, Symposium on "Craniopharyngioma—a call to action", University of Magdeburg, Eichstatt, Germany "Pharmacological approaches to hypothalamic obesity"

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2005	Invited Speaker, Endocrine Grand Rounds, Universitat Ulm, Ulm, Germany "Childhood obesity-behavioral aberration or biochemical drive?"
2005	Invited Speaker, Diabetes Technology Society, Burlingame, CA "Pharmacological approaches to obesity"
2006	Invited Speaker, Monterey Bay Obesity Symposium, Obesity in the U.S. Today, Monterey, CA "Childhood obesity: behavioral aberration or biochemical drive?"
2006	Invited Speaker, Pediatric Grand Rounds, Children's Hospital Oakland, Oakland, CA "Childhood obesity: behavioral aberration or biochemical drive?"
2006	Invited Speaker, Pediatric Grand Rounds, Stanford University School of Medicine, Stanford, CA "Childhood obesity: behavioral aberration or biochemical drive?"
2006	Invited Speaker, Pediatric Grand Rounds, University of Miami, Miami, FL "Childhood obesity-behavioral aberration or biochemical drive?"
2006	Invited Speaker, Pediatric Grand Rounds, University of South Florida, Tampa, FL "Childhood obesity-behavioral aberration or biochemical drive?" "Targeting insulin in obesity-lifestyle vs. drugs"
2006	Meet-the-Professor session, Pediatric Obesity The Endocrine Society, Boston, MA
2006	Invited Speaker, Novo Nordisk Japan, "Endocrine and Growth Symposium", Kansai, Niigata, Tokyo, Saitama, Osaka, Japan "Childhood obesity-behavioral aberration or biochemical drive?" "Obesity in survivors of childhood cancer"
2006	Invited Speaker, Pediatric Grand Rounds, Hospital for Sick Children, Toronto, Ont. Canada "Childhood obesity: behavioral aberration or biochemical drive?"
2006	Invited Speaker, Upstate Medical University, Syracuse, NY "Childhood obesity: behavioral aberration or biochemical drive?"
2006	Invited Speaker, Center for Aging and Development, University of Rochester, Rochester, NY "Childhood obesity: behavioral aberration or biochemical drive?"
2007	Invited Speaker, Children's Environmental Health Research: Past Present, and Future, National Institute of Environmental Health Sciences, Research Triangle Park, NC "The trouble with fructose"

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2007	Invited Speaker, 4 <sup>th</sup> Childhood Obesity Conference, State of California, Anaheim, CA "Pediatric obesity pharmacotherapy" "The trouble with fructose"
2007	Invited Speaker, Festschrift for Dr. Howard Federoff, University of Rochester School of Medicine, Rochester, NY "The hypothalamus: the nexus between biochemistry and behavior"
2007	Invited Speaker, Center for Health Policy/Primary Care and Outcomes Research, Stanford University, Stanford, CA "The trouble with fructose"
2007	Invited Speaker, California School Nutrition Association, Sacramento, CA "The trouble with fructose"
2007	Plenary Speaker, California WIC Annual Conference, San Jose, CA "The trouble with fructose"
2007	Invited Speaker, Monterey Bay Obesity Symposium, The Childhood Obesity Epidemic, Monterey, CA "The trouble with fructose"
2007	Invited Speaker, Childhood Obesity Management and Prevention Program, Children's Memorial Hospital, Northwestern University, Chicago, IL "Hypothalamic obesity: mechanisms and management"
2007	Ira Rosenthal Memorial Lecture, Pediatric Grand Rounds, University of Illinois-Chicago, Chicago, IL "Childhood obesity: behavioral aberration or biochemical drive?" "Targeting insulin in obesity: lifestyle vs. drugs"
2007	Invited Speaker, Citywide Endocrine Rounds, Toronto, Ont. Canada "Obesity and the 'toxic environment': is it really 'toxic'?"
2007	Meet-the-Professor session, Pediatric Obesity The Endocrine Society, Toronto, Ont., Canada
2007	Invited Speaker, Symposium on Weight Loss Maintenance: Preventing Weight Regain, The Endocrine Society, Toronto, Ont., Canada "Pharmacotherapy to avoid weight regain"
2007	Invited Speaker, Craniopharyngioma Symposium, Obesity Club, and Webcast to Japan, 46 <sup>th</sup> European Society for Pediatric Endocrinology (ESPE), Helsinki, Finland "Hypothalamic obesity: mechanisms and management" "Childhood obesity: behavior is biochemistry" "Obesity and the 'toxic environment': is it really 'toxic'?"

2007	Invited Speaker, 3 <sup>rd</sup> Russell Berrie D-Cure Diabetes/Obesity Symposium, Jerusalem, Israel "Leptin resistance: genetic, anatomic, and functional paradigms"
2007	Plenary Speaker, Korean Society for Pediatric Endocrinology, Seoul, South Korea "Leptin resistance: genetic, anatomic, and functional paradigms" "Obesity and the 'toxic environment': is it really 'toxic'?"
2008	Invited Speaker, Endocrine Grand Rounds, Stanford University, Stanford, CA "Obesity and the 'toxic environment': is it really 'toxic'?"
2008	Invited Speaker, Pediatric Orthopedic Society of North America, San Francisco, CA "Childhood obesity: issues for the orthopedist"
2008	Invited Speaker, Symposium on the developing brain in neuro-oncology: the teenage and young adult frontier, Cambridge, U.K. "Hypothalamic obesity: causes, consequences, conundrums"
2008	Invited Speaker, Queen's Medical Research Institute, Centre for Cardiovascular Science, University of Edinburgh, Edinburgh, U.K. "Leptin resistance: genetic, anatomic, and functional paradigms"
2008	Invited Speaker, Pediatric Grand Rounds and Community Clinical Conference, Cincinnati Children's Medical Center "Leptin resistance: genetic, anatomic, and functional paradigms"  "The trouble with fructose"
2008	Co-Chair and Speaker, Symposium on The Metabolic Syndrome: where is the initial lesion? Pediatric Academic Societies, Honolulu, HI "Environmental factors and the metabolic syndrome"
2008	Invited Speaker, Kaiser Permanente, Honolulu, HI "The trouble with fructose"
2008	Invited Speaker, Association of State and Territorial Public Health Nutrition Directors (ASTPHND), Madison, WI "The trouble with fructose"
2008	Meet-the-Professor session, Pediatric Obesity The Endocrine Society, San Francisco, CA
2008	Invited Speaker, Dainippon Sumitomo Endocrine Mini-Workshop (satellite of Endocrine Society meeting), San Francisco, CA, 2008 "Leptin resistance: genetic, anatomic, and functional paradigms"

Invited Speaker, Medical Grand Rounds, Women's and Children's Hospital, University of Adelaide, Adelaide, SA, Australia "Childhood obesity: behavioral aberration or biochemical drive?"

### **INVITED SPEAKER** (cont):

2008

2008	Plenary Speaker, Australasian Association of Clinical Biochemists, Adelaide, SA, Australia "Obesity and the 'toxic environment': is it really toxic?"
2008	Invited Speaker, Pediatric Grand Rounds, Children's Hospital of Orange County (CHOC), Irvine, CA "The trouble with fructose"
2008	James C. Hunt Visiting Professorship in Pediatrics, University of Tennessee Health Science Center, Memphis, TN "The trouble with fructose"
2008	Invited Speaker, Hypothalamic-Pituitary Symposium, 13 <sup>th</sup> International Congress of Endocrinology, Rio de Janeiro, Brazil <i>"Novel approaches to the treatment of hypothalamic obesity"</i>
2008	Invited Panelist, Pediatric Obesity Prevention: Bridging Two Fields, Harvard University
2008	Invited Speaker, Pediatric Endocrine Seminar, Columbia University College of Physicians and Surgeons, New York, NY "The trouble with fructose"
2009	Takeda Guest Professorship, Endocrine Grand Rounds, Yale University, New Haven, CT "Obesity and the 'toxic environment': is it really toxic?"
2009	Invited Speaker, Canadian Pediatric Endocrine Group, Ottawa, Ont., Canada "Debate: Obesity—nature vs. nurture" (nature side), with Dr. Marc Tremblay
2009	Invited Speaker, Pediatric GI/Endocrine Conference, and Public Policy Symposium, Washington University, St. Louis, MO "The trouble with fructose" "Hormones and addiction"
2009	Invited Speaker, Colorado Dietetic Association, Breckenridge, CO "The trouble with fructose"
4/2009, 7/2009	Speaker and Symposium Chairman, Symposia Medicus, Barbados, Netherlands Antilles, and Bozeman, MT "The trouble with fructose" "Type 2 diabetes in children" "Treatment of childhood obesity: lifestyle, drugs, surgery"

2009	Invited Speaker, Symposium on Pediatric Obesity: Predisposing Factors, Energy Expenditure, and Complications, Pediatric Academic Societies, Baltimore, MD "Fructose as a poison: predisposing factors for the development of pediatric obesity"
2009	Invited Speaker, Symposium on Obesity and Non-alcoholic Fatty Liver Disease, Digestive Disease Week, Chicago, IL "Dietary factors and NAFLD"
2009	Invited Speaker, Preventive Medicine Grand Rounds, Rush University Medical Center, Chicago, IL "Sugar—the bitter truth"
2009	Invited Speaker, Pediatric Grand Rounds, Children's Hospital of Eastern Ontario, Ottawa, Ont., Canada "Dietary factors and NAFLD" "Type 2 diabetes in children" "Sugar-the bitter truth"
2009	Invited Speaker, 5 <sup>th</sup> Childhood Obesity Conference, State of California, Los Angeles, CA "Hormones and addiction"
2009	Plenary Speaker, 43 <sup>rd</sup> Japanese Society for Pediatric Endocrinology, Utsunomiya, Japan "Hormones and addiction"
2009	Invited Speaker, Hokkaido University, and Asahikawa Medical University, Hokkaido, Japan "Dietary factors and NAFLD"
2009	Invited Speaker, Cancer Survivor Workshop, Yokohama, Japan "Hypothalamic obesity"
2009	Plenary Speaker, 30 <sup>th</sup> Japan Society for the Study of Obesity, Hamamatsu, Japan "Dietary factors and NAFLD"
2009	Plenary Speaker, National Conference and Exhibition, American Academy of Pediatrics, Washington, D.C. "The central role of fructose in obesity and metabolic syndrome"
2009	Invited Speaker, Pediatric Grand Rounds, Long Island Jewish Medical Center, New Hyde Park, NY "Sugar—the bitter truth"
2010	Invited Speaker, Family Medicine Grand Rounds, Georgetown University School of Medicine "Dietary factors, NAFLD, and metabolic syndrome"

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2010	Invited Speaker, Endocrine Grand Rounds, NYU School of Medicine "Dietary factors, NAFLD, and metabolic syndrome"
2010	Invited Speaker, Medical Grand Rounds, Kaiser Permanente, Oakland, CA "Sugar: the bitter truth"
2010	Invited Speaker, Symposium on Childhood Metabolic Syndrome, 14 <sup>th</sup> International Congress of Endocrinology, Kyoto, Japan "Dietary factors and metabolic syndrome"
2010	Invited Speaker, 6 <sup>th</sup> Clinical Diabetes Technology Meeting, San Antonio, TX "Dietary factors and metabolic syndrome"
2010	Invited Speaker, 1 <sup>st</sup> Postgraduate Course on Craniopharyngioma, Bremen, Germany "Hypothalamic obesity"
2010	Invited Speaker, Universitat Ulm, Ulm, Germany "Sugar-the bitter truth" "Leptin resistance: genetic, anatomic, and functional paradigms"
2010	Symposium Chair and Speaker, Societal Approaches to the Childhood Obesity Epidemic, Pediatric Academic Societies, Vancouver, B.C., Canada "Personal responsibility in childhood obesity: a non-sequitur?"
2010	Invited Speaker, 3 <sup>rd</sup> Diabetes Symposium, Medical College of Wisconsin, Milwaukee, WI "Sugar: the bitter truth"
2010	Invited Speaker, Endocrine Research Seminar Series, University of Chicago Pritzker School of Medicine, Chicago, IL "Dietary factors, NAFLD, and metabolic syndrome"
2010	Invited Speaker, Childhood Obesity: Our Challenge, Nestle Nutrition Institute, Manila, Philippines "Dietary factors, NAFLD, and metabolic syndrome" "Sugar, hormones, and addiction"
2010	Invited Speaker, Pediatric Grand Rounds, Maimonides Medical Center, Brooklyn, NY "Sugar — the bitter truth"
2010	Invited Speaker, Multicare Day of Pediatrics, Tacoma, WA "Sugar — the bitter truth" "Treatment of childhood obesity: lifestyle, drugs, surgery"
2010	Invited Speaker, American Academy of Pediatrics, San Francisco, CA "Endocrine aspects of pediatric cancer survival"

2010	Invited Speaker, Chinese American Medical Association of Southern California, Los Angeles, CA "Metabolic syndrome in Asian Americans"
2010	Invited Speaker, 60 <sup>th</sup> Meeting, American Society of Bariatric Physicians, New Orleans, LA "Dietary factors, NAFLD, and the metabolic syndrome" "Sugar, hormones, and addiction"
2010	Invited Speaker, Medicine Grand Rounds, Duke-National University of Singapore, Singapore "Dietary factors, NAFLD, and the metabolic syndrome"
2010	Plenary Speaker, 14th Asia-Oceania Congress of Endocrinology (AOCE), Kuala Lumpur, Malaysia "Dietary factors, NAFLD, and metabolic syndrome" "Novel approaches to the treatment of hypothalamic obesity" "Congenital hypothyroidism: have we made it too simple?"
2011	Invited Speaker, Pediatric Grand Rounds/Endocrine Grand Rounds, Children's Hospital of Philadelphia/Hospital of the University of Pennsylvania, Philadelphia, PA "Dietary factors, NAFLD, and metabolic syndrome" "Sugar, hormones, and addiction"
2011	Invited Speaker, Orthomolecular Health and Medicine Annual Conference, San Francisco, CA "Sugar — the bitter truth"
2011	Invited Speaker, SWAG Breastfeeding and Lactation Symposium, Berkeley, CA "Obesity and the toxic environment: is it really toxic?"
2011	Invited Speaker, Nutrition Seminar, Harvard School of Public Health, Boston, MA "Dietary factors, NAFLD, and metabolic syndrome"
2011	Invited Speaker, 8 <sup>th</sup> Annual Nutrition and Health Conference, University of Arizona, Center for Integrative Medicine, San Francisco, CA "Dietary factors, NAFLD, and metabolic syndrome"
2011	Invited Speaker, Symposium on Healthy Flavors, Healthy Kids, Culinary Institute of America, San Antonio, TX "The bitter truth about sugar-sweetened beverages"
2011	Invited Speaker, 4th Diabetes Symposium, Medical College of Wisconsin, Milwaukee, WI "Targeting insulin in obesity: lifestyle, drugs, surgery"

2011	Invited Speaker, Hypothalamic Obesity Workshop, European Congress of Obesity, Istanbul, Turkey "Changes in the neuroendocrine system and energy homeostasis in hypothalamic obesity: insights into the pathogenesis of common obesity"
2011	Invited Speaker, Arizona Dietetic Association, Flagstaff, AZ "Sugar — the bitter truth"
2011	Invited Speaker, Symposium on Overweight, Obesity, Type 2 Diabetes and Beyond, 75 <sup>th</sup> American Diabetes Association, San Diego, CA <i>"Obesity and the toxic environment"</i>
2011	Invited Speaker, Advances in Bariatric Medicine CME Conference, Center for Medical Weight Loss, Las Vegas, NV "Dietary factors, NAFLD, and metabolic syndrome" "Sugar, hormones, and addiction"
2011	Invited Speaker, 1st Ancestral Health Symposium, UCLA, Los Angeles, CA "The trouble with fructose: a Darwinian perspective"
2011	Keynote Speaker, 37 <sup>th</sup> Annual Advances in Pediatrics, University of Oklahoma/AAP Oklahoma Chapter, Oklahoma City, OK "Dietary factors, NAFLD, and metabolic syndrome" "Sugar, hormones, and addiction" "Targeting insulin in obesity"
2011	Keynote Speaker, California Diabetes Summit, Long Beach, CA "Is diabesity due to a poison?"
2011	Panelist, PREP Audio, (with Drs. Dennis Styne and Stephen Daniels), American Academy of Pediatrics, Volume 6, recorded October 3, 2010 "The connection between sugar and the obesity epidemic"
2011	Invited Speaker, Center for Clinical and Community Research Seminar, Children's National Medical Center, Washington, D.C. "Dietary factors, NAFLD, and metabolic syndrome"
2011	Keynote Speaker, Hong Kong Association for the Study of Obesity— East Meets West Symposium, Hong Kong, China "Sugar sweetened beverages, obesity, and diabetes"
2011	Panelist, Webinar on Childhood Nutrition, Barilla Center for Food and Nutrition, Milan, Italy
2011	Keynote Speaker, 18 <sup>th</sup> Latino Health Forum, Santa Rosa, CA "Dietary factors and metabolic syndrome in the Latino community"

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2011	Keynote Speaker, Bay Area National Association of Pediatric Nursing and Advanced Practitioners, Stanford, CA "How to solve the obesity epidemic"
2011	Invited Speaker, 61st American Society of Bariatric Physicians, Las Vegas, NV "Is diabesity due to a poison?" "Targeting insulin in obesity"
2011	Invited Speaker, 3 <sup>rd</sup> International Forum on Food and Nutrition, Barilla Center for Food and Nutrition, Milan, Italy "What is metabolic syndrome, and why are children getting it?"
2012	Invited Speaker, Medical Grand Rounds, Kaiser Santa Clara, San Jose, CA "Darwin, diet, disease, and dollars"
2012	Invited Speaker, Developmental and Cell Biology Seminar Series, University of California, Irvine, CA "Is diabesity due to a poison?"
2012	Invited Speaker, Cellular and Structural Biology Seminar Series, University of Texas, San Antonio, TX "Dietary factors, NAFLD, and metabolic syndrome"
2012	Invited Speaker, NIH Obesity Biomarkers Symposium, Bethesda, MD "Hormonal and neural correlates of weight loss"
2012	Invited Speaker, 9 <sup>th</sup> Annual Nutrition and Health Conference, University of Arizona Center for Integrative Medicine, Boston, MA "The trouble with fructose: a Darwinian perspective"
2012	Invited Speaker, Symposium on Dietary Fructose, Sucrose and High Fructose Corn Syrup: What is the Scientific Evidence And Health Implications? American Society of Nutrition, San Diego, CA "The metabolic effects of fructose: it's alcohol without the buzz"
2012	Invited Speaker, Universidad Peruana Cayetano Heredia, Lima, Peru "Dietary factors, NAFLD, and metabolic syndrome"
2012	Invited Speaker, Stanford Center for Longevity, Stanford, CA "Darwin, diet, disease, and dollars"
2012	Invited Panelist (with Sanjay Gupta, M.D.), Obesity Prevention, American College of Sports Medicine, San Francisco, CA
2012	Invited Speaker, National Lipid Association, Phoenix, AZ "High fructose corn syrup – the nutritional equivalent of 'Pandora's Box'"

2012	Invited Speaker, Integrative Medicine Program, University of California, Davis, CA "Darwin, diet, disease, and dollars"
2012	Invited Speaker, 2nd Ancestral Health Symposium, Harvard Law School, Cambridge, MA "Sugar: no ordinary commodity"
2012	Keynote Speaker, Sociedad Argentina de Obesidad y Trastornos Alimentarios (SAOTA), Buenos Aires, Argentina "Dietary factors, NAFLD, and metabolic syndrome" "Hormones and addiction"
2013	Keynote Speaker, Parent and Science Initiative and Benefit Gala, Rockefeller University, New York, NY "Darwin, diet, disease, and dollars: how the sugar in processed foods changed society"
2013	Invited Speaker, Student Wellness and Integrative Medicine (SWIM) Webinar, American Medical Student Association "GenNext nutrition"
2013	Invited Speaker, Policy Forum, Food and Behavior Research, London, UK "Sugar, obesity, and metabolic syndrome"
2013	Invited Speaker, Symposium on Changing Diets, Changing Minds, Food and Behavior Research, Oxford, UK "Sugar, hormones, and addiction"
2013	Keynote Speaker, Utah Council for Worksite Health Promotion Conference, Salt Lake City, UT "Dietary factors, NAFLD, and metabolic syndrome" "Hormones and addiction" "The fructose pandemic: policy vs. politics"
2013	Keynote Speaker, Norfleet Obesity Symposium, Memphis, TN "Darwin, diet, disease, and dollars"
2013	Invited Speaker, Accu-Check Network Meeting, Roche Pharmaceuticals Corp., Riga, Latvia "Is diabesity due to a poison?"
2013	Keynote Speaker, Orthomolecular Medicine Today Conference, International Society of Orthomolecular Medicine, Toronto, Ont, Canada "Targeting insulin in childhood obesity: lifestyle, drugs, surgery"
2013	Invited Speaker, Symposium on Obesity and Addiction, American Psychiatric Association, San Francisco, CA "Is fast food addictive?"

2013	Invited Speaker, Symposia Medicus, Napa, CA <i>"The sugar pandemic" "Type 2 diabetes in children" "Endocrine cases: growth and puberty" "Targeting insulin in obesity"</i>
2013	Plenary Speaker, 2 <sup>nd</sup> Edwin Astwood Memorial Lecture, King Edward VII Memorial Hospital, Bermuda Diabetes Association, Bermuda "Chronic disease and policy: reframing the debate" "Healthy, wealthy, and wise?" "What is metabolic syndrome, and why are children getting it?"
2013	Invited Speaker, Grand Rounds, Park Nicollet Medical Center, Minneapolis, MN "What is metabolic syndrome, and why are children getting it?"
2013	Keynote Speaker, American Addiction Centers, Las Vegas, NV "Sugar, hormones, and addiction"
2013	Invited Speaker, American Society of Bariatric Physicians, Phoenix, AZ "What is metabolic syndrome, and why are children getting it?" "The sugar pandemic: policy vs. politics"
2013	Invited Speaker, California Society of Addiction Medicine, San Diego, CA "Sugar, hormones, and the reward system"
2013	Invited Speaker, Ocular Nutrition Society, Seattle, WA "What is metabolic syndrome, and why are children getting it?"
2013	Invited Speaker, Obesity Prevention Symposium, Mt. Sinai Healthcare, and Pediatric Grand Rounds, Rainbow Babies Hospital, Case Western School of Medicine, Cleveland, OH "Darwin, diet, disease, and dollars" "What is metabolic syndrome, and why are children getting it?"
2013	Invited Speaker, Stanford Prevention Symposium, Stanford, CA "Darwin, diet, disease, and dollars"
2013	Dolan Lecture Series, Georgetown University Medical Center, Washington, D.C.  "Healthy, wealthy, and wise? The consequences of the American Diet"  "What is metabolic syndrome, and why are children getting it?"
2013	Invited Speaker, Pediatric Grand Rounds, Riley Children's Hospital, Indiana University, Indianapolis, IN "What is metabolic syndrome, and why are children getting it?"

2014	Invited Speaker, Pediatric Grand Rounds, Winthrop-Mineola Hospital, Mineola, NY "What is metabolic syndrome, and why are children getting it?"
2014	Keynote Speaker, Adolescent Medicine Symposium, Caribbean Pediatric Association, Trinidad and Tobago "What is metabolic syndrome, and why are children getting it?" "The sugar pandemic: policy vs. politics"
2014	Invited Speaker, Cardiovascular Disease Prevention Symposium, Baptist Health System, Miami, FL "Fructose and metabolic syndrome-what's the connection?" "Targeting insulin in childhood obesity"
2014	Invited Speaker, Pediatric and Psychiatry Grand Rounds, University of Florida School of Medicine, Gainesville, FL "What is metabolic syndrome, and why are children getting it?" "Sugar, hormones, and addiction"
2014	Invited speaker, Genomics and Personalized Preventive Health: from Science to Collective Action, Genome Quebec, Montreal, Quebec, Canada "Genes or environment? The sugar and metabolic syndrome pandemics"
2014	Keynote Speaker, Sugary Drink Free Pacific by 2030 Symposium, University of Otago and University of Auckland, Auckland, NZ "Sugar: the newest and bitterest truth" "Interventions to reduce SSB consumption"
2014	Invited Speaker, Obesity and Nutrition Research Center, Tufts University, Boston, MA "What is metabolic syndrome, and why are children getting it?"
2014	Invited Speaker, Inova Carient Cardiovascular Disease Symposium, Falls Church, VA <i>"The role of sugar in obesity and cardiovascular disease"</i>
2014	Keynote Speaker, Metabolic Syndrome Symposium, University of Leiden, Leiden, Netherlands "What is metabolic syndrome anyway?" "The sugar pandemic: policy vs. politics"
2014	Keynote Speaker, Symposium on Diet and Metabolic Health, Laval University, Quebec City, Quebec, Canada "Sugar: the newest and bitterest truth"
2014	Invited Speaker, How Sugar Changed the World, University of Bristol, Bristol, UK (video)  "Sugar: the newest and bitterest truth"

2014	Invited Speaker, Pediatric Grand Rounds, Children's Hospital of Minnesota, Minneapolis, MN "Darwin, diet, disease, and dollars" "What is metabolic syndrome, and why are children getting it?"
2014	Debate (with Luc Tappy), The Sugar Reduction Summit, London, UK "Sugar is more dangerous than its calorific value"
2014	Keynote Speaker, Sugar, Fat, Food, and Addiction Symposium, Food and Behavior Research, London, UK "Sugar, hormones, and addiction"
2014	Invited Speaker, Grand Rounds, St. Jude Children's Research Hospital, Memphis, TN "Sugar, metabolic syndrome, and cancer"
2014	Keynote Speaker, Chinese Pediatric Society, Chonqing, China "Transmission of obesity and chronic disease to offspring"
2014	Keynote Speaker, 3 <sup>rd</sup> Let's Go Childhood Obesity Symposium, Barbara Bush Children's Hospital, Portland, ME "What is metabolic syndrome, and why are children getting it?"
2014	Invited Speaker, Grand Rounds, Denali Medical Center, Fairbanks, AK "What is metabolic syndrome, and why are children getting it?"
2014	Invited Speaker, Frontiers in Science, University of Utah, Salt Lake City, UT "Darwin, diet, disease, and dollars"
2014	Keynote Speaker, Albert and Jane Nahmad Thought Leaders in Medicine, Baptist Health Services, Miami, FL "The three myths of the food industry"
2015	Invited Speaker, Saudi Diabetes and Endocrine Association, Al-Khobar, Saudi Arabia (video)  "Nutrition Essentials for Wellbeing — a 'NEW' paradigm for reducing chronic disease in Saudi Arabia"
2015	Keynote Speaker, San Francisco Dental Society, San Francisco, CA "The sugar pandemic—policy vs. politics"
2015	Invited Speaker, Pediatric Endocrine Society of Texas, Louisiana, and Arkansas (PESTOLA), Dallas, TX "What is metabolic syndrome, and why are children getting it?"
2015	Keynote Speaker, Ophthalmology Update (CME), University of California, San Diego, Torrey Pines, CA "The sugar pandemic"

2015	Invited Speaker, Canadian Health and Wellness Innovations Conference, International Foundation of Employee Benefit Plans, Victoria, B.C., Canada "New lines of engagement: the four myths of wellness"
2015	Keynote Speaker (with Christopher Gardner), The Modern American Table: Is a Calorie a Calorie? Arthur Furst Lecture on Nutrition and Disease Prevention, Stanford Health Library, Stanford, CA "Processed food: an experiment that failed"
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2015	Invited Speaker, Symposium on Sugar and Infant and Child Nutrition, European Society for Pediatric Gastroenterology and Nutrition, Amsterdam, Netherlands "Is sugar toxic?"
2015	Invited Speaker, American Academy of Pediatrics Chapter 1 Annual Symposium, Lake Tahoe, NV "What is metabolic syndrome, and why are children getting it?" "The sugar pandemic: policy vs. politics"
2015	Invited Speaker, Hospital Association of Southern California, Long Beach, CA "The three myths of the food industry"
2015	Invited Speaker, Society for Behavioral Neuroendocrinology, Asilomar, CA "Darwin, diet, disease, and dollars"
2015	Invited Speaker, British Society of Ecological Medicine, London, UK (video) "Is fructose toxic beyond its calories?"
2015	Invited Speaker, NIH STOPNASH meeting, Washington, DC "Fructose and the liver: more than just calories?"
2015	Invited Speaker, Washington State Academy of Pediatric Dentistry, Seattle, WA "Tooth decay and liver decay: what did the dentists know, and when did they know it?"  "The sugar pandemic: policy vs. politics"
2015	Invited Speaker, Midlands Society for Neuroscience, Omaha, NE "Darwin, diet, disease, and dollars"
2015	Invited Speaker, Yale Food Program, Yale Law School (video) "Processed food: an experiment that failed"

2015, 2016	Invited Speaker, Resnick Food Law Program, UCLA School of the Law, Los Angeles, CA "Societal intervention to combat the chronic disease epidemic"
2015	Invited Speaker, Denise Causa Memorial Lecture, Pediatric CME Course, Joe DiMaggio Children's Hospital, Hollywood, FL "Processed food: an experiment that failed" "Type 2 diabetes in children" "Targeting insulin in obesity"
2015	Debate (with John Sievenpiper), International Diabetes Federation, Vancouver, B.C., Canada "Sickeningly sweet: does sugar cause chronic disease?" (YES)
2015	Invited Speaker, Rivermend Health Annual Meeting, Malibu, CA "The case for sugar toxicity"
2015	Invited Speaker, Pennsylvania Association of Primary Care Physicians (webinar) "Sugar: the newest and bitterest truth"
2016	Karen Walker-Brandreth Award Lecture, UC Berkeley College of Optometry, Berkeley, CA "Sugar: the newest and bitterest truth"
2016	Invited Speaker, Personalized Medicine World Conference, Mountain View, CA "Genes AND environment in chronic disease"
2016	Invited Speaker, Pediatric CME Symposium, Swedish Hospital System, Seattle, WA "What is metabolic syndrome and why are children getting it?"
2016	Invited Speaker, Stanford Law School, Stanford, CA "Societal interventions to combat the chronic disease epidemic"
2016	Invited Speaker, Cardiovascular Disease Prevention Symposium, Baptist Health System, Miami, FL "Evidence that sugar causes diabetes and heart disease"
2016	Invited Speaker, Cardiovascular Disease Symposium, Intermountain Health Care, Salt Lake City, UT "Sugar and cardiovascular disease"
2016	Harold C. Seim Keynote Speaker, Obesity Medicine Association, San Francisco, CA "Processed food: an experiment that failed"

2016	Keynote Speaker, National Oral Health Conference (American Association for Public Health Dentistry and American Association of State and Territorial Dental Directors), Cincinnati, OH "Tooth decay and liver decay: what did the dentists know, and when did they know it?"
2016	Invited Speaker, California Dental Association, Anaheim, CA "Tooth decay and liver decay: what did the dentists know, and when did they know it?"  "The sugar pandemic: policy vs. politics"
2016	Invited Speaker, 8 <sup>th</sup> Annual Obesity Treatment and Prevention Conference, Philadelphia, PA "What is metabolic syndrome anyway?" "Targeting insulin in obesity"
2016	Plenary Speaker, American Academy of Pediatrics, San Francisco, CA "Processed food: an experiment that failed"
2017	Plenary Speaker, Swedish Hospital Pediatric Metabolic Nutrition CME, Seattle, WA "Processed food: an experiment that failed" "The three myths of the food industry"
2017	Invited Speaker, Pediatric Grand Rounds, Mount Sinai School of Medicine, NY, NY "What is metabolic syndrome and why are children getting it?"
2017	Invited Speaker, Pediatric Grand Rounds, Weill Cornell Medical College, NY, NY "What is metabolic syndrome and why are children getting it?"
2017	Keynote Speaker, Northern California Psychiatric Association, Napa, CA "Sugar, hormones, and addiction"
2017	Invited Speaker, 3 <sup>rd</sup> Annual Symposium, BioCeuticals, Sydney, NSW, Australia "Sugar: the newest and bitterest truth" "Targeting insulin in obesity" "The five myths of chronic disease" "Splitting, not lumping, in obesity"
2017	Invited Speaker, Howard Hughes Medical Institute, Janelia Campus, Bethesda, MD "What is metabolic syndrome anyway?"
2017	Invited Speaker, South Carolina Dental Association, Charleston, SC "Tooth decay and liver decay: the nexus of physicians and dentists"
2017	Invited Speaker, BioMarin Pharmaceuticals, San Rafael, CA "Targeting insulin in obesity"

2017	Invited Speaker, Symposia Medicus, Naples, FL "Processed food: an experiment that failed" "Type 2 diabetes in children" "Targeting insulin in obesity" "Endocrine cases: puberty"
2017	B.F. Skinner Guest Lecture, 47 <sup>th</sup> Annual Meeting, Association for Behavior Analysis International, Denver, CO "Darwin, diet, disease, and dollars"
2017	Keynote Speaker, George Brown University, Toronto, Ont. Canada "Sugar and children's health"
2017	Keynote Speaker, Serbian Cardiology Congress, Belgrade, Serbia "Does sugar cause diabetes and heart disease?"
2017	Keynote Speaker, Philippines Center for Diabetes and Endocrinology Foundation, Philippines Association for the Study of Overweight and Obesity, Manila, Philippines "What is metabolic syndrome anyway?"
2017	Invited Speaker, American Association of Craniofacial Pain, Salt Lake City, UT "Tooth decay and liver decay: the nexus of physicians and dentists"
2017	Keynote Speaker, Central Ohio Pediatric Society, Columbus, OH "Does sugar cause diabetes and heart disease?"
2017	Invited Speaker, American Hospital Association, Chicago, IL "The hacking of the American mind"
2017	Invited Speaker, American Academy of Pediatrics—CA Chapter 4, Irvine, CA "Processed food: an experiment that failed" "Type 2 diabetes in children" "Targeting insulin in obesity" "The five myths of chronic disease"
2017	Invited Speaker, Nevada Cancer Control Symposium, Reno, NV "Sugar, metabolic syndrome, and cancer"
2017	Keynote Speaker, Diabetes Symposium, Crain's New York Business, New York, NY "The three myths of chronic disease"
2018	Invited Speaker, Center for Medical Weight Loss, Las Vegas, NV "The hacking of the American mind"
2018	Stanley Wright Lecture, Western Medical Research Conference, Carmel, CA "Does sugar cause diabetes and heart disease?"

2018	Invited Speaker, Pediatric Grand Rounds, U. Texas-Houston M.D. Anderson Cancer Center, Houston, TX "Sugar, metabolic syndrome, and cancer"
2018	Keynote Speaker, American Equilibration Society, Chicago, IL "Cariology and cardiology"
2018	Invited Speaker, Institute for Sustainable Development, Columbia University School of Economics, New York, NY "The hacking of the American mind"
2018	Kopriva Invited Lectureship, Montana State University, Bozeman, MT "What is metabolic syndrome anyway?" "The hacking of the American mind"
2018	Plenary Speaker, American Academy of Dental Research, Ft. Lauderdale, FL "Tooth decay and liver decay: the nexus between doctors and dentists"
2018	Keynote Speaker, Virginia Commonwealth University Massey Cancer Forum, Danville and Richmond, VA "Sugar, metabolic syndrome, and cancer" "The three myths of the food industry" "What is metabolic syndrome and why are children getting it?"
2018	Invited Speaker, Mini-Symposium on Health Promotion, John Molson School of Business, Concordia University, Montreal, Quebec, Canada "Darwin, diet, disease, and dollars"
2018	Invited Speaker, Swedish Hospital Pediatric Metabolic Nutrition CME, Seattle, WA "The hacking of the American mind"
2018	Keynote Speaker, Dentistry: Entering the Era of Sustainable Practices, Reykjavik, Iceland "Tooth decay and liver decay: the nexus between doctors and dentists"
2018	Invited Speaker, California Dental Association, San Francisco, CA "Cariology and cardiology"  "The hacking of the American mind"
2018	Keynote Speaker, North Carolina Public Health Association, Conference, Charlotte, NC "Tooth decay and liver decay: the nexus between doctors and dentists"
2018	Keynote Speaker, American Association of Gnathologic Orthopedics, Salt Lake City, UT "Cariology and cardiology"

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2018	Invited Speaker, Surgery Grand Rounds, NYU College of Medicine, New York, NY "What is metabolic syndrome, anyway?"
2018	Invited Speaker, Dentistry Grand Rounds, NYU College of Medicine, New York, NY "Cariology and cardiology"
2018	Keynote Speaker, California Society of Pediatric Dentistry, San Diego, CA "Tooth decay and liver decay: the nexus between doctors and dentists"
2018	Invited Speaker, Low-Carb USA Conference, San Francisco, CA "Fat vs. sugar 2.0"
2018	Keynote Speaker, New Zealand Pediatric Society, Nelson, NZ "What is metabolic syndrome, and why are children getting it?" "The hacking of the American child"
2019	Invited Speaker, CrossFit Annual Meeting, Scott's Valley, CA "The science and politics of chronic disease"
2019	Invited Panelist (with Graham MacGregor, Sylvia Rowe, and Christopher Snowdon), SugarOnline, London, UK "If you're not at the table, you're what's for dinner: sugar consumption, nutrition and sugar taxes"
2019	Invited Speaker, Center for Research and Interdisciplinarity, Paris Descartes University, Paris, France "Technology addiction, or welcome to the dark side of the force"
2019	Keynote Speaker, New Jersey Society of Pediatric Dentistry/New Jersey American Academy of Pediatrics, Woodbridge, NJ "Tooth decay and liver decay: the nexus between doctors and dentists"
2019	Keynote Speaker, Food for Your Brain, London, UK "Diet and mental health"
2019	Keynote Speaker, Public Health Collaboration Annual Conference 2019, Royal College of General Practitioners, London, UK "Corporate wealth or public health?"
2019	Keynote Speaker, South Carolina Oral Health Coalition, Columbia, SC "Cariology and cardiology"
2019	Keynote Speaker, Goldring Center for Culinary Medicine, Tulane University School of Medicine, New Orleans, LA "What is metabolic syndrome, and why are children getting it?"

2019	Keynote Speaker, California Society for Addiction Medicine, Anaheim, CA "Technology addiction, or welcome to the dark side of the force"
2019	Keynote Speaker, American Association of Oral and Systemic Health, Nashville, TN "The corporate destruction of public health"
2019	Invited Speaker, American Academy of Pediatrics—CA Chapter 4, Las Vegas, NV "Fat vs. sugar 2.0" "The three faces of metabolic syndrome" "Technology addiction" "Case studies in puberty"